



# Patchwords

Utah Valley Quilt Guild

[www.uvqg.org](http://www.uvqg.org) ( All the info on UVQG!)

[Uvqgblog.blogspot.com](http://Uvqgblog.blogspot.com) (All the pictures!)

January 2026  
Volume XLIII, No. 1

## President's Message

Happy New Year!

Why is it that we feel that January 1 is the time to set new goals? We can set new goals absolutely anytime, but the first of the year surely feels like a great time to start working toward a new goal. So what is it that you want to accomplish this year? Are your goals oriented toward quilting, cleaning, personal, or health related? Or something else altogether?

I certainly have quilting goals this year since you are going to want me to show you some of my quilts next year. As of right now, I have almost nothing to show. I think that I must have a little ADD, because I have at least a dozen quilts started and in various stages of construction. Finishing some of these projects is definitely a goal for me.

Another thing I will be working on this year is getting my sewing room cleaned up and organized. Maybe I'll even take pictures of the progress...

Happy New Year! What do you plan to do this year?

-Wendy

"I promise not to buy any more fabric until I finish my UFO's ... Or until I clean my sewing room ... Or until I organize my fabric ... Or until I uncross the fingers on my other hand"



## UVQG Mission Statement

“The Utah Valley Quilt Guild was established in 1982 to promote the Art of Quilting through educational and social means and to provide service.”

\*\*\*\*\*

### Memberships

Membership dues for the Utah Valley Quilt Guild are \$15/year. Benefits include a monthly newsletter emailed to you (Jan-Nov), participation in monthly meetings, free entry to forums, checking out books from the Library, and discounts to many local quilting & fabric shops. If you are past due with membership fees you will be given a one-month grace period. After that you will not receive the Patchwords until you pay your dues. Send dues to:

Utah Valley Quilt Guild  
PO Box 133  
Orem, Utah 84059

### Utah Valley Quilt Guild on Social Media

Can't get enough of Utah Valley Quilt Guild information? You can find up-to-the-minute news on our website at [www.uvqg.org](http://www.uvqg.org), see more photos and details at our blog at [UVQGblog.blogspot.com](http://UVQGblog.blogspot.com), or join in the conversation on our Facebook page at [www.facebook.com/groups/uvqg.org/](http://www.facebook.com/groups/uvqg.org/)

\*\*\*\*\*

Quilt Stands and other quilting supplies are available to rent from UVQG. Contact our Property

Chairperson for more info. Caleb Goringe  
801-814-1517 [caleb@sundancequilting.com](mailto:caleb@sundancequilting.com)

The Patchwords Newsletter Published eleven times a year (Jan—Nov) and emailed to current members of the Utah Valley Quilt Guild.

We are always striving to improve and make the guild the best it can be, so if you have any comments or suggestions, please feel free to contact any member of the board.

The Utah Valley Quilt Guild meetings are held on the 3rd Wednesday of the month (except Dec.) at: OREM SENIOR CENTER 93 NORTH 400 EAST OREM, UTAH at 1:30p.m.

Meetings are held at the Orem Senior Center except for Service Day in March and the July Fair.

*Classified Ads in Patchwords are free for members. These ads will run for two consecutive months unless otherwise notified. Advertising for business purposes is available at the following monthly rates: 1/4 Page Ad: \$10.00 1/2 Page Ad: \$20.00 Whole Page Ad: \$40 ( Send checks to guild treasurer)*



# January Birthdays

Brooke Cantwell  
Kaye Collins  
Dee DeHart  
Pam Dudley  
Melinda Gassman  
Carol Johnson  
Charlene Lawrence  
Diane Linford  
Judie Oler  
Ann Probert  
Suzy Ricks  
Jana Rigby  
Carolyn Sampson  
Karen Strawn  
Wanda Sump  
Pamela Taylor



# January Meeting

January 21, 2026

1:30 at the Orem Senior Center  
93 NORTH 400 EAST OREM, UTAH

Welcome to a new year. We have some exciting things planned for you in 2026. Hope you will be here for the ride!

January will be a round robin taught by Deonn Stott, Lisa Johnson and Karlene Riggs. Please come with an open mind and ready to be taught!

February will be a trunk show by our awesome president from 2025: Machel Preston!

March will be our service day (you will hear more from Sarah about that as it gets closer) and April will be our national teacher.

Now I'm going to switch hats from Program Chair to President Elect and request your presence at our January meeting so I can share what our challenge will be for 2026!

Hope to see you all soon, please come with a smile on your face, say hi to a stranger and make a new friend.

-Karlene Riggs



# UVQG Fall Retreat



**UVQG Fall Retreat 2025: Celebrating Quilters**



**is over!!!**

I want to thank everyone who helped make this Retreat fun for everyone. I had a great committee and others who stepped in and helped without hesitation and loaded with enthusiasm.

A very long list of people to thank and acknowledge for their willingness and enthusiasm. They are: Trish Derrick, Barb Murdock, Kim Jensen, Lisa Johnson. Susan Hayward, Ingrid Gordon, Amber Cox, Sandy Lai, Becky Ghiz, Cathy Brandt, Peggy Peterson, Cheris Erickson, Sarah Yorgason, Caleb Gorringer, Suzy Ricks, Lani Brower, Judi Oler, Diane Linford, Jana Rigby, Karin Carter, April Munoz, Hollie Peterson, Lynnette Rose, MacKenzie Casey, Sharon Oldroyd, and Louise Harrington.

Our theme for UVQG Fall Retreat 2026 is 👑 'QUILTING QUEENS' 👑 and is in the planning stages. The retreat is November 11-14 at the Zermatt. Registration will begin on March 18, which coincides with the Guild Service Day. We are planning on 120 attendees.

For the retreat we are mixing things up and planning some different things for you. The registration form will have some different questions that may give you hints to what we are thinking and planning. It will be fun so start planning! You are all queens. Hope to see you there.

More on cost and deposit information next month

👑 Marilyn and Trish 👑



# National Teacher UVQG 2026

—Valerie Kreuger from Las Vegas, NV—

April 15, 2026 Trunk Show

April 16, 2026 Classes

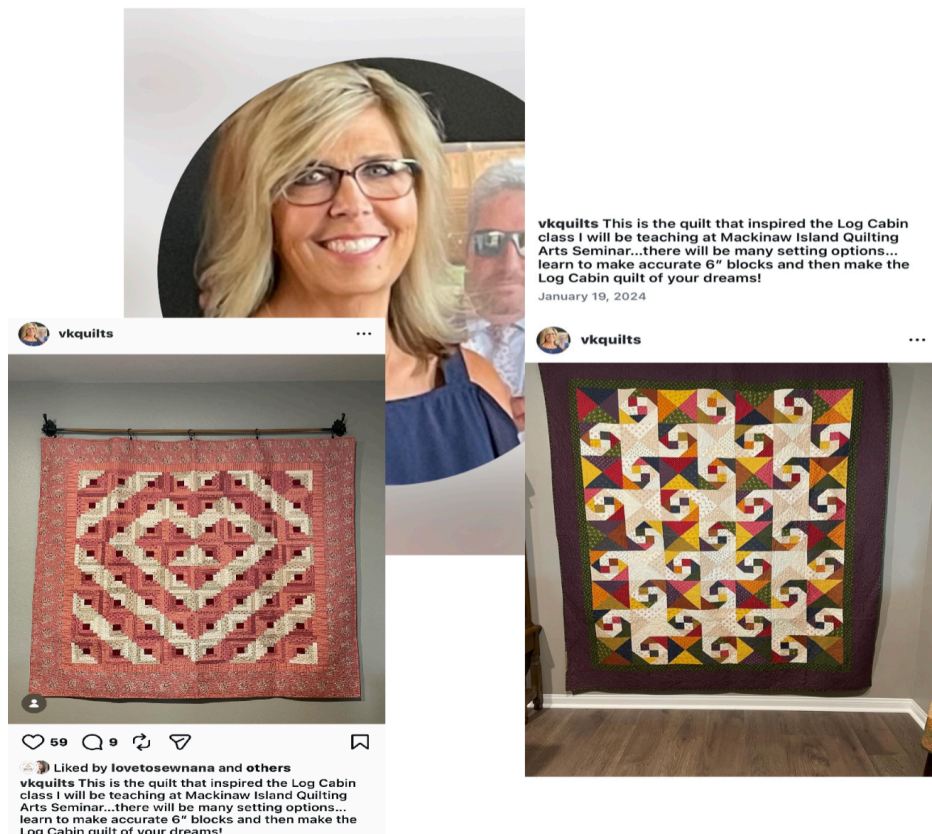
Valerie Krueger, is a quilt teacher, pattern designer and a long arm quilter. She is the Author of FUN, FRIENDS & FAT QUARTERS – 12 QUILTS FROM 12 FAT QUARTERS brought to you by Primitive Gatherings.

Val is the designer of the MEET ME IN THE GARDEN STITCH-ALONG, featured on the You-tube channel “Stitch with Lisa Bongean”. Her patterns have been published in American Patchwork and

Quilting Magazine and you can often find her quilting credits in books and magazines. She teaches at the Christmas Goose quilt shop in Las Vegas.

Val is a highly sought after long-arm quilter and has professionally quilted for some of the very best in the quilting industry, including Lisa Bongean of Primitive Gatherings, Sherri McConnell of A Quilting Life, Pam Buda of Heartspun Quilts, Stacy West of Buttermilk Basin and Jan Vaine of The Graham Cracker Collection.

Valerie has been a popular teacher and Trunk Show presenter at past Cedar Chest Quilters’ Guild Annual Retreats. She is a skilled teacher, with the gifts of kindness and patience, that encourages quilters of all skill levels.



Val has been teaching quilting since the early years of her marriage, traveling with her Air Force husband to assignments in Texas, England, New Jersey, and Las Vegas, where they settled over 20 Years ago. They are the proud parents of 2 children and 2 darling grandchildren.

\*\*\*\*\*

# Applique Challenge Winners

1st Place- Annie Thayne



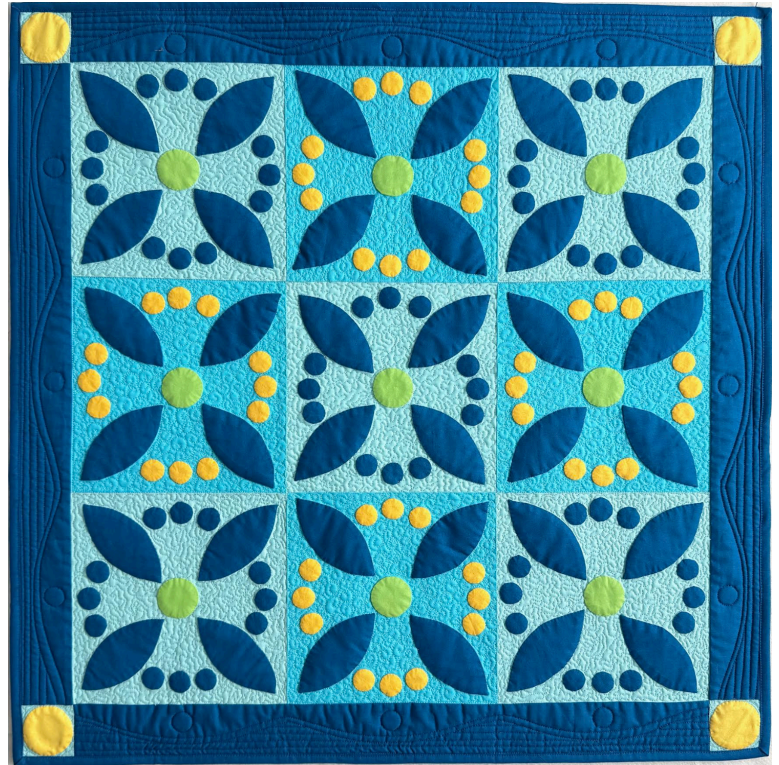
2nd Place- Jean McPherron



3rd Place- Shirley Olsen



Elizabeth Eastmond lives in CA and was unable to show her quilt at November's meeting. My submission for the president elect applique challenge is titled *Kraków Circles* and was inspired by some designs seen in the Kraków cathedral, in Poland. It is 28" square.



\*\*\*\*\*



Hip! Hip! Hooray!!!  
Spring Retreat is headed our way!  
March 21, 2026 \$16.00  
9:00-4:00  
Sign ups at Guild Meetings  
January & February

# Declutter and Donations

Many quilters dedicate time in January to cleaning up and decluttering sewing spaces. For the last four years, I have participated in Karen Brown's Declutter Challenge. Starting Jan 1, she assigns you a short task every day to help you to manage your space. Her focused approach has helped me prioritize what I want to spend my sewing time on and what I want to keep in my space. If you want to play along, look up the challenge at her website <https://www.justgetitdonequilts.com/>

While you are decluttering, keep in mind ALL of our charity efforts are donation driven.

If there are things you no longer want or need, please give them to a member of the board.

Here are items we collect and ways we use them

Small flannel pieces	Cut into quilt blocks for baby quilts, tag toys
Medium flannel pieces	Burp cloths
Large flannel pieces	Quilt backs and double flannel receiving blankets
Novelty fabric scraps	I spy quilts
Bits of trim, lace, ribbon etc as small as 2 inches	Baby toys, tag-toy
Small minky pieces	Balls and other stuffed toys
Medium minky pieces	Bears for <a href="http://DollsofHope.org">DollsofHope.org</a> Loveys for Stitching hears
Large minky pieces	Quilt backs
Polyester filling	Stuffing toys
Polyester batting	Used for tied baby quilts
Quilt tops, Quilt blocks	Will be finished and matched to a local organization in need
felt	Used for bear faces and donated to local school for project
Fleece small pieces	Balls and other stuffed toys
Fleece Medium pieces	Hats, scarves, bears
Fleece large pieces	Blankets baby to adult size
All other donations are saved for the guild yard sale to raise money for operating costs	

# Festival of Trees

Our guild had a great showing at the Festival of Trees. Our goal was to contribute 125 quilts....well Missy went a little crazy at the end and made it to 182! Projects and quilts of all sizes were lovingly donated. We had four on the auction wall and many in the little quilt shop. Any quilts that were donated and not purchased will be given to those in need at the hospital.

**For 2026, we are going to try to donate 200 quilts!**

Our Fab Farm quilt was purchased by Brett and Cindy Cloward for \$1250!

A cute Sunbonnet Sue which was anonymously donated raised \$350

A rabbit wall hanging earned \$275

Here are a few photos I took of quilts we donated, did you help with any of them?





# 2025 Giving Total

## 1,817 items



Including but not limited to....

- Quilts 341
- Wall quilts 24
- Receiving blankets 28
- Fleece blankets 89
- Bath blankets 194
- Sani padi 435
- Balls 174
- Bears 89
- Taggie toys 25
- Burp cloths 231
- Fabric books 7

And a bunch of other stuff

### 2026 Many Hands...UVQG Service Bee

Jan 9 Friday 10-12	Stitching Hearts 90 S. Main Pleasant Grove	Helping with their projects
Jan 13 Tuesday 12-2	Sarah's House 249 E 3140 N. Provo	Sorting projects and donations
Feb 13 Friday 10-12	Stitching Hearts 90 S. Main Pleasant Grove	Helping with their projects
Feb 24 Tues 12-2	Sarah's House 249 E 3140 N. Provo	Prep for service day
March 13 Friday 10-12	Stitching Hearts 90 S. Main Pleasant Grove	Helping with their projects
March 18 Wednesday 9:30-3:00	Utah County Board of Health 151 S Univer.Ave, Provo	Guild Service day



Newsletter submissions for the Patchwords are due by the 25th of each month. Please send to Lana Osmun at [Lana@Osmun.net](mailto:Lana@Osmun.net)

*Cold?*

*Do some sewing.*

*You'll still be cold but at least you'll be sewing!*

[facebook.com/QuiltingSewingCreating](https://facebook.com/QuiltingSewingCreating)

