



PATCHWORDS

Utah Valley Quilt Guild

www.uvqg.org



President's Message by RevaBeth Russell UVQG President

Volume XXXXI, No. 6

Can you believe it is June? Is it “bustin’-out all-over,” like in the musical, Oklahoma? Or has it rolled over on you like a semi-truck in reverse? The semi-truck has parked over me.

If you’ve lived in this valley you probably are familiar with Funeral Potatoes. If you’ve lived here long enough you’ve made them and if you are a certain age you’ve eaten your share of them. Some of us have had the honor of passing out six identical recipes to six local women and then

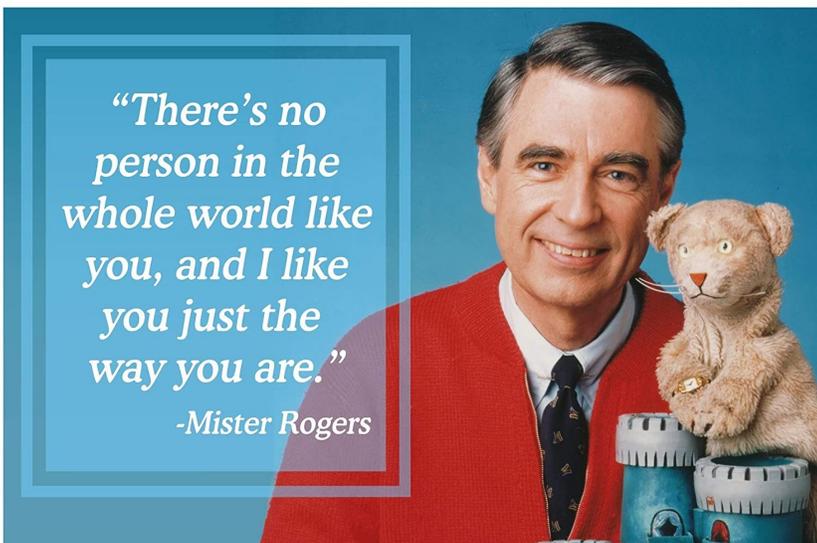
collected these warm wonders a few days later. Have you stared at them, wondering how they could look so different? Each one tastes so different, yet each one is delicious. I could apply this as well to the quilts we make. But I think it also applies to each one of us. I won’t vouch for how you taste (ew), but we are all so different yet so beautiful and valuable. And it won’t change. You are wonderful just the way you are.

Years ago I had a medical procedure and was on the couch watching Mr. Rogers. It was the pre-remote era and I couldn’t change the channel because I was hurting so badly. As I laid there in pain, Mr. Rogers looked right at me and said, “I like you just the way you are.” I cried. I didn’t need to be thinner or more educated or even a better cook. Mr. Rogers liked me just the way I was, and I was a mess at that time. It has taken years to explore and accept the idea that I am likeable and good enough. I’ve had to dig deep in that cave to learn that. It hasn’t been easy. Joseph Cambell said, “The cave you fear holds the treasure you seek.” Blessings to all who go seeking your treasures.



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“There’s no person in the whole world like you, and I like you just the way you are.”

-Mister Rogers

P.S. If I should die, with the COVID-19 precautions you won’t be going to a viewing of my body, but I think I like the idea of being sprinkled with cheese and wrapped in tin foil. Can you imagine the talk of everyone?

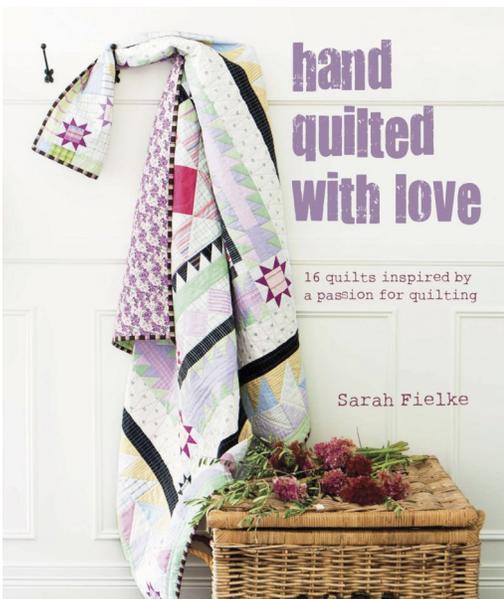
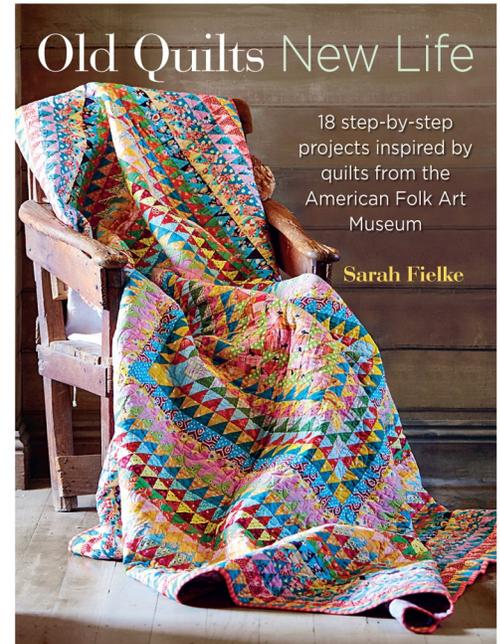
UVQG New Library Books

Lani Brower has purchased new books for our library! She has compiled a list below. Look through the list and be ready to check one out the next time we meet.

MAKE & MEND - Jessica Marquez - Sashiko-inspired embroidery projects to customize and repair textiles and decorate your home--An exquisite, full-color guide to sashiko, a simple Japanese stitching technique that uses stunning patterns to decorate or repair clothing, accessories, and home textiles.

OLD QUILTS NEW LIFE – Sarah Fielke – 18 step-by-step projects inspired by quilts from the American Folk Art Museum--*Old Quilts, New Life* features 18 stunning quilts designed by a passionate quilter, author, and designer, Sarah Fielke. She has selected 9 beautiful quilts from The American Folk Art Museum in New York and created two designs inspired by each quilt—the first, a sympathetic interpretation of the original piece and the second, a more contemporary creation.

STRING FRENZY – Bonnie Hunter - Strips, Strings & Scrappy Things; 12 more string quilt projects--Are you buried in scraps—big pieces, small pieces, hunks, chunks, strips, and parts? Bonnie K. Hunter fans will love her newest book of playful string-quilt projects! Sew a dozen vibrant quilt patterns using the small leftovers from other projects that seem too small to save, yet too big to toss. Learn Bonnie's basics for foundation piecing narrow fabric pieces 3/4" to 2" wide, turning them into dazzling scrappy blocks and one-of-a-kind quilts.



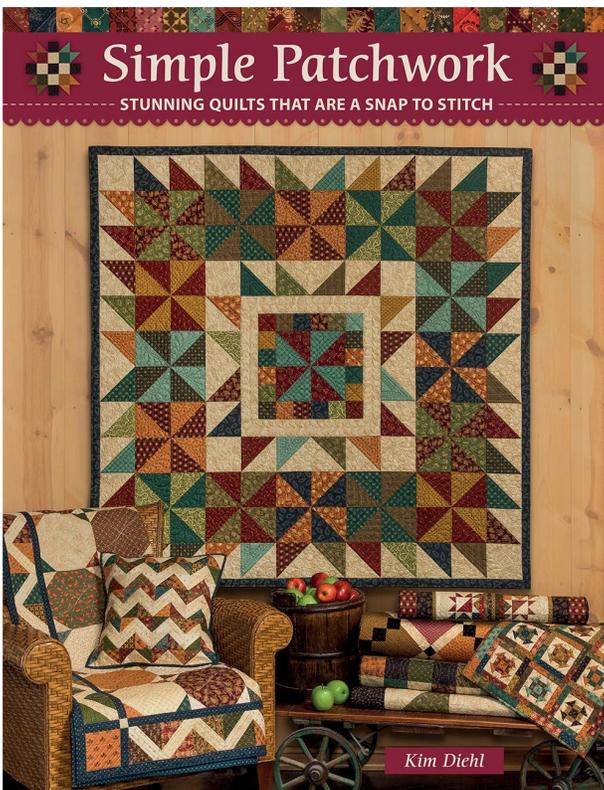
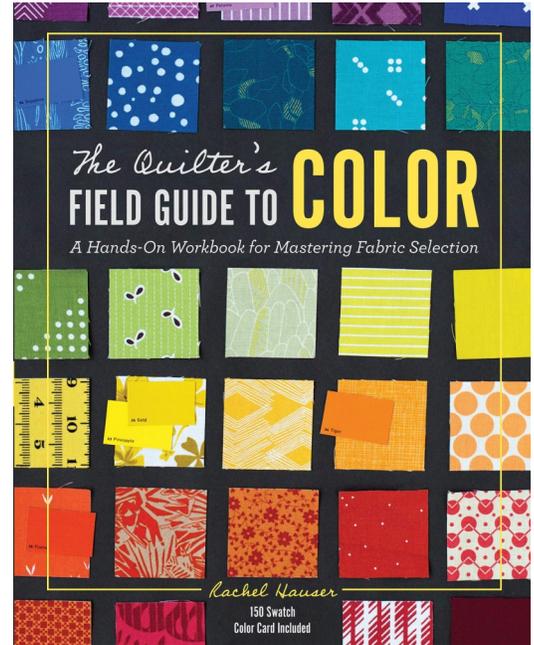
HAND QUILTED WITH LOVE – Sarah Fielke – Patchwork projects inspired by a passion for quilting--For over 15 years, through her blog, her stunning quilt books, her fun classes, and her fabric, Sarah Fielke has been inspiring quilters worldwide to step outside their comfort zone with her vibrant and contemporary designs. *Hand Quilted with Love* is no exception. With 16 stunning new projects, you can join in Sarah's passion for this addictive craft. Whether you class yourself modern or traditional, a beginner or advanced quilter, there is a project in this book to inspire and challenge your own passion for quilting. This beautifully photographed book is brimming with Sarah's insider tips and provides the quilter with an accessible way to try out new methods, textures and colors, and in the process build upon their skills. Sarah also shares her passion for needle-turn appliqué and hand-quilting techniques, which give her quilts

their contemporary and unique style. Share in Sarah's passion for this truly addictive pastime.

LEARN TO QUILT WITH PANELS – Carolyn S Vagts – Turn any fabric panel into a unique quilt.–Explore all the possibilities you have when you work with fabric panels with this guide. *Learn to Quilt with Panels* takes quilters on a creative journey showing them step by step how to use panels in quilts or as design elements simply by cutting them apart and incorporating them into a quilt setting. This book shows options the quilter may not have thought of and also teaches how to start with an idea, then graph and design it, actually do the math, and finally complete it. This book is destined to be a go-to resource.

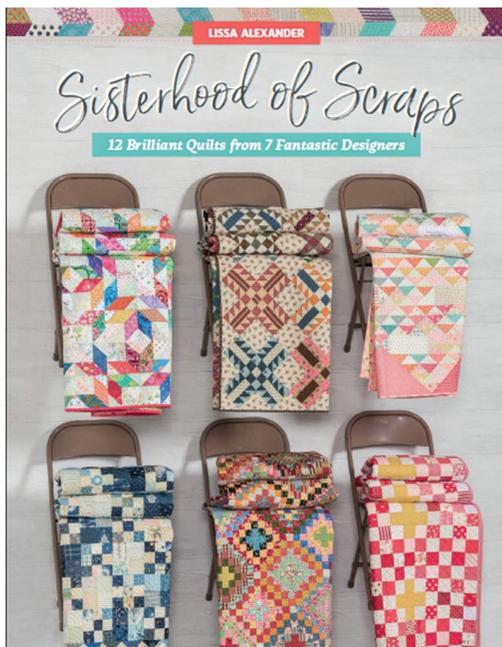
THE QUILTER'S FIELD GUIDE TO COLOR – Rachel Hauser – A hands-on-workbook for mastering fabric selection–The number one complaint of quilters? Mastering effective color combinations. *The Quilter's Field Guide to Color* teaches readers just how to create them. Each of the 14 exercises is a new approach to color theory, challenging quilters to use their color cards (included) to explore a variety of possible combinations. Using the colors selected during each of Rachel Hauser's inspirational themes, such as Seasons and How to Determine Your Style, quilters sew up a Bear Paw block or two as they progress through the workbook. This collection of blocks can all be combined to create any of the three quilt patterns provided. Forget the dry color theory! This book is fun, conversational, practical, and beautifully inspiring.

STRING FLING – Bonnie Hunter – Scrappy, happy and loving it!–Strings and strips and scraps usually too small to be useful for other projects, but they are just right for these 13 new quilts from Bonnie Hunter. Find a twist on traditional designs along with some new ideas straight from Bonnie's scrappy imagination.



SIMPLE PATCHWORK – Kim Diehl – Stunning quilts that are a snap to stitch–Throughout Kim Diehl's 20-year career, thousands of quilters have fallen in love with her beautiful quilts and books. In her latest collection, Kim focuses exclusively on patchwork, for those who love her style but don't have the time or inclination to add applique touches. Sixteen easy-to-piece projects range from bed quilts with supersized blocks to charming must-make minis. Play with simple Snowball and Churn Dash blocks or try showy stars and zig-zags. Choose from wall quilts, table toppers, bedroom ensembles, and even a mini sampler quilt, all in Kim's sought-after style. **Bonus:** *Simple Patchwork* is jam-packed with dozens of Kim's tried-and-true tips you won't want to miss.

I LOVE HOUSES – Yoko Saito – Japanese master quilter Yoko Saito returns with an all-new collection of house projects to build and enjoy!–Twenty bags, totes, purses, pouches, wall quilts, and more celebrate two sides of Ms. Saito's work–her traditional patchwork roots and her fanciful applique creations.



MODERN BABY QUILTS – Fons & Porter – Fresh, fun & Simple quilts!

SISTERHOOD OF SCRAPS – Lissa Alexander – 12 brilliant quilts from 7 fantastic designers.-- What happens when famed quilt designer Lissa Alexander invites her quilting friends to create scrap quilts alongside her? Scrapalicious magic! Lissa reached out to six quilters whose quilt designs she's long admired--Susan Ache, Kim Brackett, Barbara Brackman, Sheryl Johnson, Laurie Simpson, and Sandy Klop. The result? Spectacular scrap quilts from true masters of the craft, and an invitation for YOU to join the Sisterhood of Scraps!

THE IMPROV HANDBOOK FOR MODERN QUILTERS – Sherri Lynn Wood – A guide to creating, quilting & living courageously-- Forget step-by-step instructions and copycat designs. In *The Improv Handbook for Modern Quilters*, Sherri Lynn Wood presents a flexible approach to quilting that breaks free of old paradigms. Instead of traditional instructions, she presents 10 frameworks (or scores) that create a guiding, but not limiting, structure. To help quilters gain confidence, Wood also offers detailed lessons for stitching techniques key to improvisation, design and spontaneity exercises, and lessons on color. Every quilt made from one of Wood's scores will have common threads, but each one will look different because it reflects the maker's unique interpretation. Featured throughout the book are Wood's own quilts and a gallery of contributor works chosen from among the hundreds submitted when she invited volunteers to test her scores during the making of this groundbreaking work.

Pandemic Reflections

My plan of reducing laundry and wearing pajamas all day while I sewed during the pandemic backfired. When restrictions lessened my nice sons showed up to help my husband with gardening and yard work while my husband recovered from some oral surgery. At 2:00 in the afternoon I looked like I had just woken up, bed hair and all. So lovely.

I have done a very minimal amount of sewing the past month due to my daughter's back surgery and a very unwelcome kidney stone for my husband, plus the painful oral surgery. For all events I had to drop off an ill person and a 21 year old very anxious daughter at the door of the hospital and drive off. "No visitors allowed, be sure to take your phone."

We live in a very different time. I hope you are all sewing and trying to connect with friends electronically or in some way. I fully admit I am lonely and miss my quilt friends and quilt meetings.

Pandemics are actually good for using that excess stash of fabric I have. I'm actually afraid to move some day because of the fabric. Not only am I loaded with fabric I have a large amount of plastic boxes organizing it all. Hopefully I will sew for many more years and enjoy all of you again soon.

Sew on!!!

Elise Larsen

Table Toppers for Alice in Quiltland

I love our UQG Quilt Festival theme: Alice in Quiltland. I need a few more table topper quilts to put on each table at lunchtime. These darling quilts will be sold with a centerpiece of serving type dishes to help the Utah Quilt Guild plan a wonderful quilt festival for us each year.

Table toppers should be 20" to 45" each side approximately. I have made a few with leftover blocks and a fun panel about tea parties. Please help us out and contact elise.larsen@comcast.net if you have questions.

I do need to collect the table toppers before quilt festival so I can pair them with a centerpiece. This is an unusual approach for our centerpieces and I promise we will be delighted each day at lunch!

If Quilt Festival becomes canceled due to the coronavirus we will use the table toppers in the following year, so you do not need to feel that your time is wasted in making one. Have fun sewing and support the Utah Quilt Guild Festival!



Utah Valley Quilt Guild

Website * Blog * Facebook Page

Can't get enough of Utah Valley Quilt Guild information? You can find up-to-the-minute news on our website at www.uvqg.org, see more photos and details at our blog at uvqg.blogspot.com, or join in the conversation on our Facebook page at www.facebook.com/groups/uvqg.org/

UVQG Mission Statement

“The Utah Valley Quilt Guild was established in 1982 to promote the Art of Quilting through educational and social means and to provide service.”

We are always striving to improve and make the guild the best it can be, so if you have any comments or suggestions, please feel free to contact any member of the board



June Birthdays

Janice Becker

Lani Brower

Marlene Cook

Wendy Cordon

Joye Hall Gilmore

Michelle Kemp

Laura Neilson

Gail Olas

Chris Pocock

Emily Roberts

Wendy Roberts

Marie Robinson

Karen Selman

Carol Swindle

UVQG Challenge

We do hope you are working on this year's challenge. You are to make a quilt, any size, using only what you have on hand. (Batting is an exception.) It was an inspired challenge, because shortly after Jacquelyn announced the challenge we were all in lockdown. We were using up our stashes and finishing projects we had started. "Yup, I've got my year's supply of fabric."

You sew, girl. We will display these in our November meeting -- which hopefully it will be safe enough to have.

Send any correspondence, comments, articles, and ads to:

Cheris Erickson – Newsletter Editor
PatchwordsEditor@gmail.com

Deadline for next issue: June 20, 2020

CALENDAR

- Stay home and stay healthy!
- (and sew lots!)

The Patchwords Newsletter is published eleven times a year (Jan—Nov) and emailed to current members of the Utah Valley Quilt Guild.

Current Membership: 242

The Utah Valley Quilt Guild was established in 1982 as a chapter of the Utah Quilt Guild. It is a non-profit organization dedicated to promoting the art of quilting through educational and social means and to provide service to the community.

The Utah Valley Quilt Guild meetings are held on the 3rd Wednesday of the month (except Dec.) at:

OREM SENIOR CENTER
93 NORTH 400 EAST, OREM, UTAH.

Pandemic Baking

Are you baking more lately? You are not alone! Here are the top 10 most searched recipes globally since March 1, according to Google Trends:

1. Banana bread recipe
2. Pancake recipe
3. Chicken recipes
4. Pizza dough recipe
5. Brownie recipe
6. "Recette crepe" ("crepe recipe" in French)
7. Meatloaf recipe
8. French toast recipe
9. Lasagna recipe
10. Cheesecake recipe

Here is a link to the most popular banana bread on all-recipes.com. It has been made over 7,000 times:

[https://www.allrecipes.com/recipe/17066/janets-rich-banana-bread/?internalSource=hub%](https://www.allrecipes.com/recipe/17066/janets-rich-banana-bread/?internalSource=hub%26)

Membership dues for the Utah Valley Quilt Guild are \$15/year. Benefits include a monthly newsletter emailed to you (Jan-Nov), participation in monthly meetings, free entry to forums, checking out books from the Library, and discounts to many local quilting & fabric shops. If you are past due with membership fees you will be given a one-month grace period. After that you will not receive the Patchwords until you pay your dues. Send dues to:

**Jeanee Stewart
1674 West 1900 South
Mapleton, UT 84664**

Fall Retreat

I am so excited to get going again, and especially for our November retreat. We have had about 90 people sign up to attend so far. We need to have the retreat so that I can share all of my sister's (Bonnie) fabric with you.

When we cleaned out her sewing room, we gave many things away but still ended up with about 10 huge garbage sacks full of her fabric. It is being stored at Carol Hunt's house right now.

I am trying to finish one quilt that she started and was about 2/3 finished. I also finished a small Halloween wall hanging of Bonnie's and gave that to her daughter.

If you have not signed up, please go ahead and do it now. Also make sure that your membership is current. Remember, if the retreat is cancelled, you will get all of your money back.

Barb Murdock

heberbarb@gmail.com

Classified Ads in Patchwords are free for members. These ads will run for two consecutive months unless otherwise notified.

Advertising for business purposes is available at the following monthly rates:

1/4 Page Ad: \$10.00 1/2 Page Ad: \$20.00

Whole Page Ad: \$40

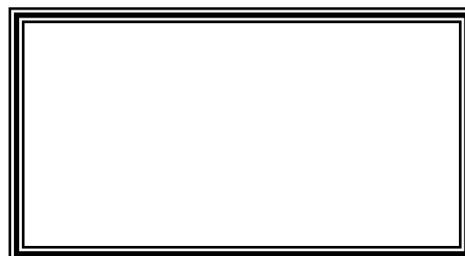
**(UVQG Members receive a 20% discount
Send checks to guild treasurer)**

Quilt Stands and other quilting supplies are available to rent from UVQG. Contact one of our Property Chairpersons for more info.



Utah Valley Quilt Guild

Chapter: Utah Quilt Guild
1674 West 1900 South
Mapleton, UT 84664



Postmaster: Contains time-sensitive material.

Please deliver before June 10