



# PATCHWORDS

Utah Valley Quilt Guild  
www.uvqg.org

Nov 2016



Volume XXXIV, No. 11

A Little Bit Biased *By Wanda Sump*

## Inside this issue:

Wow! What a year.

### 2016 Fun & Friends

It is has been filled with so much fun, laughter, new friends and lots of extraordinary quilts. We had the joy of exploring some new quilt stores in our featured store of the month segment of our program, along with receiving some amazing door prizes and gifts to the guild members. Special thanks to: Daines Cotton Shops, Corn Wagon, The Sewing Basket, Joanne's, Gracie Lou's, Harmony and Thimbles & Threads. You have given generously and willingly and we have enjoyed getting to know you. If you have received a door prize from one of these local merchants, please, take a minute and send them a thank you card for being generous to us. Let's keep our local quilt store in business-so that we will continue to have them.

Our Service day in Jamestown was and continues to be a remarkable achievement with a total of 262 quilts, plus bibs, burps and a couple of pairs of booties being donated as of this post. We as a guild are to be commended and recognized for all the hard work and many hours that have been donated to make it happen.

July Fair was simply awesome. Wadley Farms is a beautiful venue and the perfect backdrop for a quilt fair and the garage sale met and exceeded all expectations. A huge thank you to all those that helped and volunteered so many hours to make it a tremendous success.

Throughout the year we have had round robins and classes with such knowledgeable and informed instructors. Our very own gifted Shirley Olsen was our national teacher and our quilting will never be the same again. We are so very lucky to be surrounded

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## UVQG Board Members

President:	Wanda Sump	801-602-4065	sumpfamily@gmail.com
President Elect:	Maureen Tuttle	801-592-1920	queentut1@comcast.net
Past President:	Barbara Murdock	435-654-0656	heberbarb@gmail.com
Secretary:	RevaBeth Russell	801-489-5047	revabeth@gmail.com
Treasurer:	Carol Hunt	435-654-3754	dchuntbq@yahoo.com
Membership:	Machelle Preston	801-362-6988	thecherrytreecottage@yahoo.com
Memership Assist:	Judie Oler	801-234-9949	judieo2000@yahoo.com
Historian / Blog:	Laurel Christensen	435-851-2115	laschristensen@yahoo.com
Librarian:	Liz Teerlink	801-224-8038	eteerlink@yahoo.com
Librarian Assist:	Linda Williams	801-224-7979	daliwns@gmail.com
Programs:	Lisa Dunn	801-798-8716	lisabdunn@hotmail.com
Programs Assist:	Carol Ford	801-798-8478	cford@sfcn.org
Hospitality:	Mary Killpack	801-791-1844	marykillpack@gmail.com
Website:	Caia Hess	801-704-9010	caia@comcast.net
Newsletter Editor:	Allison Babcock	801-310-4010	patchwordseditor@gmail.com
Newsletter Mailing:	Cindy Williams	435-654-2465	cindy.ann.williams@gmail.com
Facebook:	Lynnette Rose	801-897-7355	doublerose2@msn.com
UQG Area Rep:	AnnaRae McAllister (So.)	801-226-7966	annaraemca@gmail.com
	Marilyn Steele (North)	801-319-6277	marilyn9@live.com
Show & Tell:	Jodie Banks	801-225-4620	jodie56banks@gmail.com
Service Project:	Kathie Zobell	801-372-6260	kathieandsteve@gmail.com
	Debra Davenport	801-794-0830	matsu08@sfcn.org
July Quilt Fair:	Kim McCloskey	801-319-5513	kim.mccloskey@mail.com
Past JQF Chair:	Margaret Gray	801-423-8312	gray8312@msn.com
Springville Show:	Shirley Olsen	801-224-3022	sloquiltandsew@yahoo.com
	Barbara Murdock	435-654-0656	heberbarb@gmail.com
	Lil Anderson	801-709-4324	lilyander@gmail.com
Jamestown Show:	Darcia Pinette	801-756-0327	blackraspberries@hotmail.com
Beekeeper:	Teresa Dewey	208-869-2139	mildewey@msn.com
Retreat Chair:	Davidene Zimmerman	801-368-3910	davidenez@gmail.com
Challenge Project:	Helen Butler	801-756-1965	thequiltlady_55@hotmail.com
Property Chair:	Lynnette Rose	801-897-7355	doublerose2@msn.com
	Marilyn Steele	801-319-6277	marilyn9@live.com
Special Projects:	Liz Laney	801-361-8950	rosecrestinn@yahoo.com

## Calendar & Notes

### Calendar of Events:

- **Nov 2-5**— UVQG Fall Retreat @ Zermatt
- **Nov 16**— UVQG Meeting @ Orem Senior Center
- **Nov 22**— Holiday Quilt Show Quilt Day
- **Jan 18, 2017**— UVQG Meeting @ Orem Senior Center
- **May 4-6, 2017**— HMQS @ South Towne Expo
- **Sept 19-23, 2017**— UQG Quilt Fest “Ruby Jubilee” @ Layton

### UVQG AT-A-GLANCE:

### UVQG Meeting Schedule

#### November 2016:

**Board Meeting:** 11 am

**Guild Meeting:** 1:30 pm—3:30 pm

**Where:** Orem Senior Center

93 N. 400 E., Orem

Featuring: UVQG Board  
Christmas Giving Ideas

**FOR SALE: Sweet 16** sit down quilting machine. Like new, excellent condition with table mat, bobbin winder, stitch regulator, tools, thread, bobbins, and manual. Asking only \$3800.00 or best offer. Call Marilyn at 801-319-6277. It's a sweet machine and will make an excellent Christmas present.

Charity Quilt Count = 262 Quilts  
Thank you, Quilters! Together, we have been able to make a difference. Keep them coming.

FOR SALE: Dear Jane Blocks purchased at QuiltFest. Paid \$325. Asking \$200.  
Nancy Leach 801-377-9188

All I want for Christmas is  
you, darling.

...Just kidding.  
I really want fabric.  
Lots & lots of fabric.



someecards  
user card

Reminder: There is NO meeting in  
December. Enjoy the Holiday Season  
with family and friends!

by such creative and inspired instructors and we thank you.

Then there was so many ways to make new friends. Attending Retreat, Quilt Fest, Springville Quilt Show, being on the board, joining a bee, our first ever Saturday Sew and we were able to wish you a Happy Birthday with a fat quarter and a tag.

We have been overwhelmed with eye candy with all of the trunk shows and my favorite show & tell. Thank you for bringing your projects to share and inspire us.

I thank the women that have served with me as my board. These are women who are creative, hardworking and have the best sense of humor and if I ever need anything, I know whom to call.

I find this to be bittersweet as it comes to the end. I have learned so many

new things. I have stretched myself in ways that apparently needed stretching and I have made so many new and dear friends. You have given such great support through your kind words and have been always being willing to lend a hand. I want to thank each and every one of you. This has been the most wonderful year.

I truly have enjoyed serving you as your president. I am excited for 2017 and all the outstanding things that are waiting for us and I'm itchin' to be stitchin'. I cannot express my gratitude adequately for this amazing opportunity it was to be able to serve you.

What I can say is let's move forward and we will Sew Bee Happy.

Wanda

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## November Program *By Carol Ford*

We have a very fun program planned for our November meeting. Christmas time is just around the corner, and we have some great gift giving ideas that we will be sharing with you. It seems like we are always needing ideas for a small gift for a neighbor, a friend, or a teacher.

Each of our board members are preparing a small gift idea to help us in our holiday gifting. Not only are we going to share our ideas, but we have prepared a booklet

for each of you that has a photo and directions needed to make these fun ideas. To top that off, we will be drawing names out of a basket to give each and every gift away to some lucky quilters who are attending our meeting.

Please plan on joining us on November 16th at 1:30 for some fun gift giving ideas. We will also be introducing our new board members for the coming year.





We hope everyone has a wonderful Holiday Season and that you get to enjoy some quilting as well!

There are several positions open on the UQG Board including several Area Rep positions. We would love to have anyone interested let us know and we will get you started so you can attend the first meeting in January!

If you have a 2017 calendar make sure

you mark these dates: HMQS on May 4-6 and Quilt Fest at the Davis County Convention Center on September 18-22, 2017! Bonnie Hunter will be a National Teacher during the week of July 25-29. More details will come later!

Have a Blessed Thanksgiving!

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### President Elect Quilt Challenge *By Maureen Tuttle*

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Suey!! Suey!! Last call for PIGS! We've had such a great response to the challenge to finish our PIGS this year. Don't forget to get your name to me (if you haven't already) if you purposefully and completely finished one of your unfinished projects this year. I must have your name NO LATER THAN NOVEMBER 10<sup>TH</sup> for you to receive a small gift. Please bring your PIG quilt to our November

16<sup>th</sup> meeting if you can. We will get a big group photo of everyone, and if you haven't shown your quilt yet and would like to, we would love to see and hear about it during Show & Tell. Call, text or email me by NOVEMBER 10<sup>th</sup> at [801-592-1920](tel:8015921920) or [queentut1@comcast.net](mailto:queentut1@comcast.net). Let's let our PIGS fly!



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### Looking for a Few Good Quilters *By Maureen Tuttle*

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Call for Board Positions - by Maureen Tuttle. We are still in need of dedicated quilters to help us run the UVQG next year.

The open positions are

- \* President Elect,
- \* July Fair
- \* Beekeeper
- \* Library Helpers (to set up and take down)
- \* Assistant to the Property Chair

Also, if you have ideas for fun presenters for our monthly programs, please let me

or any board member know. Remember, if it were up to one person to run the guild, it would be a daunting task. But with a big group of volunteers, it's just a whole lot of fun!





## November Birthdays:



Kathleen Baer

Linda Cochran

Jill Cox

Annette Crain

Merlene Crapo

Linda Dodge

Marian Gallian

Linda Jensen

Susie Johnson

Megan Macfarlane

Diane Marsh

Frances Mills

Shirley Olsen

Nancy Palmer

Catherine Payne

Susan Proctor

Leslie Randle

Karlene Riggs

Lynette Rose

Mary Sue Sheley

Dianne Wittuson

## December Birthdays:

Nancy Allen

Janine Baldwin

Connie Christen

Trish derrick

Dolores Despain

Lori Gardner

Flora Gillman

Clella Gustin

Martha Hall

Carol Hunt

Liz Laney

Yvonne Matheson

Jennifer McGee

Joye Merrell

Aretell Neeley

Susan Neeley

Debbie Neilsen

Linda Rehart

Ruth Ross

Dona Shadowen

Lori Stevens

Kathie Zobell

## I Have a Notion *By Kendra Hall*

At QuiltFest, I took a class from Linda Poole and had an opportunity to use Inktense Pencils for the first time. I learned a lot, discovered I need to learn a lot more, and decided to tell you about Derwent Inktense Pencils and Blocks.

Derwent Inktense Pencils are exactly what the name says. They are pencils when activated with water or textile medium produce ink, not watercolor paint. The color is intense, and, when dry, it is permanent. This means you can add other layers to your work without reactivating the first layer. In the class I took, a colorful butterfly, the colored sections, when dry, could be outlined with a fine-line black pen. This gave the butterfly a stained-glass appearance. Small details could also be added.

Derwent also produces Ink Blocks, which look a little like pastels. They are really just the same material as is inside the pencil, but they do not have the wood around them that the pencils do. Both products come in 72 colors.

In order to use them on fabric, they need to be mixed with textile medium. She uses something she called Paint Potion. She said it was available on her website: [www.lindampoole.com](http://www.lindampoole.com). However, I could not find it in her store. There is a contact button, so you could contact her. I am sure the craft stores also sell textile mediums.

She showed us three different ways to apply the Inktense Pencils to fabric. First,

(Continued on page 7)

the fabric should be PFD fabric, which means Prepared for Dyeing. The pencils may be colored directly on the fabric (I found this method fastest) and then activated with textile medium. The pencils may be colored on a palette (we used a paper plate), the brush dipped in the medium, and the mixture then applied. Or, the brush can be dipped in medium and then used to pick up the color directly from the pencil lead or the block

I think you might have fun using Inktense Pencils to color fabric. I would recommend you take the time to experiment on fabric scraps. I found my hands, by the end of day, were not quite steady enough to get great edges.



For further instruction, I would recommend Linda's book, "Painted Applique: A New Approach". Or take a class at HMQS. I noticed there were several. Try googling Inktense pencils. I picked up a lot of websites there, including this one, that gives a good overview: <http://painting.about.com/od/usingwatercolorpencils/fr/Derwent-Inktense.htm>

## UVQG Challenge—Trip Around The World Challenge *By Helen Butler*

We have just one month left to finish our Scrappy Trip quilts. It should be a fun quilt show filled with lots of variety. I would like everyone who has made quilts for the show to bring them between 12:30 and 12:45. That should give us plenty of time to get them hung and displayed. Any volunteers to help hang quilts would be appreciated!

ed! We will have several cash prizes for Viewer's Choice and the most creative.

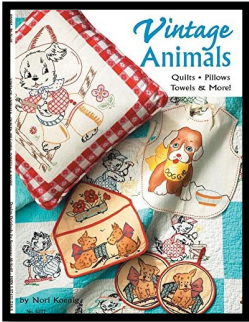


Our November meeting is coming soon. You won't want to miss out on participating and seeing the quilt show! If you finished your top but did not get it quilted, we would still like to see it.

I want to thank everyone who has participated in my challenges these last three years. I hope you have had as much fun as I have had making and seeing the quilts from my first year as the challenge of "I looked out the window," to last year's challenge to make a red and white quilt, and lastly our scrappy trip year. It's been fun ladies. You are the best!!



Here are some “oldies but goodies” that have recently been added to the library.



Koenig, Nori. Vintage Animals. Design Orinials, 2006. These are the embroidery patterns from the first half of the twentieth century. The animals are appealing with big eyes and loving expressions. Many of them are in-

involved in people-type activities and are wearing people-type clothes. A lot of them come from the ads that used to appear in the newspaper. You would then send away, to the address in the ad, for the patterns.

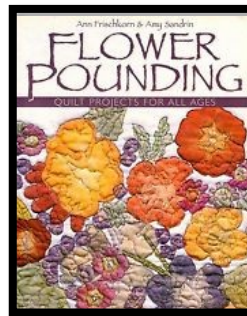
I have enjoyed looking at these patterns, as they bring back memories of my childhood. In fact, I have embroidered some of these patterns. They were used on household items (clothes pin bags, towels, pot-holders, etc.) They were also used on summer quilts (no batting) and decorator pillows.

Nori Koenig is an expert on vintage linens and has studied the old ads and poems that appeared in old publications. She has included many of these ads and poems in small vignettes. They give the flavor of the times. She also has explanatory, short articles about crayon tinting and embroidery stitches.

I love embroidery and have owned this book since it was published. I do like to page through it and look at the patterns. It is a real trip down memory lane.

If you like this book, a sequel has been pub-

lished called, Vintage Stitching Treasury by Suzanne McNeill, working with Nori Koenig. This book has more than 400 authentic designs, including flowers, day-of-the week towel designs, and colonial ladies. Many of the animals from Vintage Animals also appear in this book. This one is not in the library, but is readily available as it was published in 2015.



Frischkorn, Ann and Amy Sandrin. Flower Pounding. C&T, 2000.

The author states the purpose of this book, when she says,

“In this book, you will discover exactly how to take your precious floral treasures and turn them into a keepsake quilt that will outlast your memories.”

The method of pounding leaves to create images on leaves has been used since ancient times. It was Ann who wondered if the same method could be used with flower petals. She discovered that it does work well.

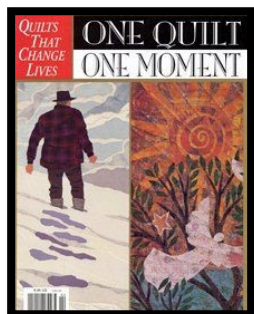
They teach you how to select and prepare your background. They also suggest you have a pounding board and recommend you use a hardwood so the surface does not get divots. You will need a hammer with smooth edges on the head. They prefer a machinist hammer. You will also need masking tape to keep the petals from moving as you pound. The images will then be defined by using a fine-point pen.

There are seven projects in this book



## Quilt Book Reviews *Continued from page 12*

and a good-size gallery of projects have been completed using this method. There is a section on getting children involved. I think they might really enjoy the pounding process.



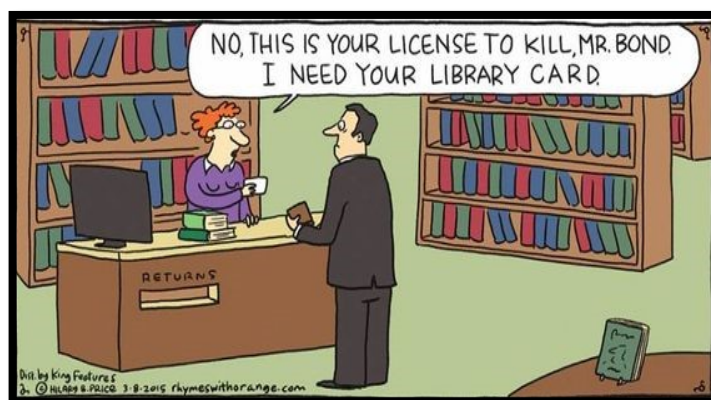
Norton, Alissa, ed. One Quilt One Moment: Quilts That Change Lives. Primedia, 2006.

The fifty quilts in this book are quilts viewers have said made an impact in their lives. As soon as they saw these quilts they could tell there was a story behind the making of them. Those stories are told in this book, next to a full-color image of the quilt. In looking through this book, I saw many quilts I remembered from seeing their pictures in magazines. Many of them had touched me, too, or I doubt I would have remembered them.

One of the most poignant of them ap-

pears on the cover, as well as within the book. “Do Not Go Gentle” was made by Charlotte Warr Andersen. I have been fortunate enough to see this quilt, as Charlotte is from Salt Lake. (She was president of the state guild at the first Annual Meeting I ever attended.) The piece of poetry from which the title comes has been a favorite of mine.

This is a book to be looked and read. Many of the stories are powerful. Try reading about “The Beat Goes On” by Ricky Tims, or “Cherokee Trail of Tears” by Chris Wolf Edmunds, or “Spirit Flight” by Judy B. Dales. Can you see the impact a quilt can make?



## Annual Book Sale *By Liz Teerlink*

The book sale you have been waiting for is coming November 16th. We will start unloading boxes of books from the car at 12:30 and the sale will start at 12:45.

Hard back books will be \$5, soft cover books with over 50 pages will be \$3 and soft cover books under 50 pages will be \$1. Magazines and patterns will be 25 cents.

Perhaps you can find a book from your

favorite author, a book for a newbie quilter or friend. We will also take donations that day if you have books that you want to go to a different home.

We will not be checking out books that day but you can return your borrowed books. Please check your shelves and see if you have any overdue books. See you in November.



We had a great show and tell this month! It was obvious that many of you have been busy because we saw a lot of PIGS presented this month Thank you to everyone who shared their quilts with us. November is the last time to present something this year, and we would love to see everything you have been working on.

First up this month was Lisa Dunn who showed us her beautiful mini quilt.

Next was Delores Despaigne with her Fall Rail Fence quilt. This was a maple leaf quilt with photo corners and is her PIG quilt.

Then we saw Jill Cox's Quilt of Valor which was made for her son-in-law, Nate, who is a diver in the Navy. It is an original design and was machine pieced and quilted.

Next up was Janice Walker who named her quilt "Francine's quilt." She took a class from Francine Barrett about four years ago. This is her first attempt at hand applique. This is one of her PIG quilts this year.

Janice Walker showed us a couple of quilts. One was "Weaver Fever" and is a Jackie Robins design. This is one of her PIGS. Then we saw her Trip around the World quilt. Janice said this about her quilt: "The Clarke family turned a collection of 25 quilts to the Michigan quilt Museum. RJR replicated the fabrics of their trip around the world and put it together as a kit. So, I have a replication of that quilt plus a bonus quilt. This was another PIG for Janice."

Linda Roskelley then showed us a sampler quilt. It was an Elinor Burns victory quilt with Civil War prints with ribbon by Cot-

ton Shop.

Next up was Mary Killpack with a clamshell English paper piecing quilt. It was done in scrappy colors and hand quilted. She took a class from Sue Daley.

Then Maureen Tuttle showed "Clams as the Beach" which was done in blues and greens and white from a Sue Daley class. Then she showed us a flag clamshell of her own design made using a pack of mini charm squares.

Next up was Debbie Naylor with her quilt called "Shimmering Britches" which was done as a block exchange.

Then Karlene Riggs showed us "Chains of Faith" which was a Moda Bake Shop design done in pinks. Then she showed a snow globe Christmas sampler.

Karren Barley then showed a red, white and blue stars quilt. It was a 2001 Kathy Gardner block of the month with the center block pattern from Kendra Hall.

Next Margaret Cooper showed a big star quilt made for her son's bedroom.

Then Linda Rehart showed her quilt "Laundry Day." It is a Sundra Workman pattern done in 30's fabric used for the clothes hanging on the line. It brought back memories to Linda of summer days long ago. It was quilted by Cindy Williams.

Our last presenter was Dee De Hart with her Texas star with applique quilt. It is an Edyba Sitar? pattern and was her PIG.

**\*\*See all the photos on our blog!**  
[www.uvqg.blogspot.com](http://www.uvqg.blogspot.com)

## Quilt Retreat—Things to Know and Bring *By Davidene Zimmerman*



MENU	Wednesday	Thursday	Friday
Lunch	Turkey Club	Penne Pasta	Chicken Ceasar Salad
Dinner	Grilled Sirloin	Roasted Chicken	Salmon or Pork Chop

Saturday: \$4 Bakery Coupon, good for Saturday only.

- 1) Let Davidene know if you will miss any meals. Special meal requests have been taken care of.
- 2) If you are in Bernese Center by 10AM each day, you will not miss out on anything.
- 3) Bring a quilt or project to show for Thursday night's quilt walk.
- 4) Bring a "party" quilt if you have one: such as birthday, baby, wedding, party celebration, gift. We will hang ten quilts.
- 5) Bring Secret Sister Gifts (3 gifts about \$5 each). **IMPORTANT:** All secret sister information has been sent, if you don't have the information about your Secret Sister, please contact Nancy Roberts at 801-785-7659 or [c\\_n\\_roberts@msn.com](mailto:c_n_roberts@msn.com)
- 6) Bring a WRAPPED handmade "boutique" quality pin cushion if you want to participate in the pin cushion exchange on Friday night. Wrap it before you come!
- 7) Bring your own projects and sewing supplies. You MAY want a lamp, small iron, surge protector, or seat cushion. Please no large irons at your personal table. We will have padded swivel chairs. We will also have cutting stations with mats and ironing stations with irons set up for your use.
- 8) Bring items for classes.
- 9) Please be mindful of NO perfume, scented spray starch, other scents.
- 10) Please dress in layers. The temperature in the room is uneven, sometimes hot and sometimes cold. Control the temperature with your clothing.
- 11) Wednesday night's activity is a Quilting Mystery Game Show. Please come and socialize with us. If you are concerned about loss of sewing time, bring hand-work!
- 12) We were not charged the resort fee, but you may use pool, etc., if you desire. Please tip any Zermatt staff that helps you bring items in. \$5 should be sufficient.
- 13) Be sure to renew your guild membership before November.
- 14) The sewing machine service will be available on Thurs and Fri, \$75/regular household machine. Sergers, Embroidery Machines, Commercial are \$90/machine. Scheduled: THURSDAY 9AM Marie Bergesen, 10AM Jill Bowler, 11AM Carol Johnson, 12PM Mary Killpack, 1PM Megan Macfarlane, 2PM AnnaRae McAllister, 3 PM Marian Mudrow. FRIDAY: 9AM Judie Oler, 10 AM Karen Valentine, 11AM Davidene Zimmerman, 12 PM Blythe Larabee (His regular prices are higher.)
- 15) He (Lee Stout) will also sharpen scissors for \$5/each while you wait.
- 16) Have a surprising amount of fun!!!

## New to Our Library *By Liz Teerlink*

<b>Title</b>	<b>Author</b>	<b>Subject</b>
Add-a-Line Continued	Janie Donaldson	Quilting
Americana Quilts	Sandy Bonsib	Seasonal
Attic Windows, quilts with a view	Diana Leone & Cindy Walter	One Block
Backyard Garden	Jeana Kimball	Applique
Borders by Design	Paulette Peters	Finishing
Carolyn's Paper Pieced Garden	Carolyn Cullinan McCormick	Foundation paper piecing
Christmas Sampler Quilt	Leisure Arts	Seasonal
Cottage Garden	Renee Nannerman	Traditional
Cotton Theory Quilting 2	Betty Cotton	Techniques
Crazy Quilting with Attitude	Barbara Randle	Techniques
Everyday Angels in Extraordinary Quilts	Mary Lou Weidman	Art
Fat Quarter Friendly	Fons & Porter Magazine	Pre-cuts
Fine Hand Quilting	Diana Leone & Cindy Walter	Quilting
Floral Bouquet Quilts	Sharon Evans Yenter	Traditional
Focus on Batiks	Jan Bode Smiley	Fabrics
Folksy Favorites	Pat Sloan	Applique
Handbook of Quilting (The)	Milner Craft Series	ABC's of Quilting
Homage to Amanda	Edwin & Gail Binney	History
Hope and Cheer	Peggy Waltman	Applique
In the Studio with Judy Murrah	Judy Murrah	ETC.
Japanese Folded Patchwork	Mary Clare Clark	Techniques
Kentucky Quilts 1800-1900	The Kentucky Quilt Project	History
Modern Selvage Quilting	Riel Nason	Modern
Needles & Notions	Jaynette Huff	Foundation Paper Piecing
Old Favorites in Miniature	Tina M. Gravatt	Miniature
Old Voices New Impressions	Jeana Kimball	Applique
One Line at a Time	Charlotte Warr Andersen	Quilting
One Quilt One Moment	Quilter's Newsletter Maga-	Art
Painted Applique	Linda Poole	Art



## New to Our Library *By Liz Teerlink*

Title	Author	Subject
Power Cutting too	Debbie Caffrey	Techniques
Quilt Digest (The)	Kiracofe & Kile	History
Quilt Digest (The) Volume 2	Kiracofe & Kile	History
Quilting Masterclass	Katharine Guerrier	Art
Quilting With Bits & Pieces	House of White Birches	Fabric
Quilt it for Kids	Pam Bono	Children
Quilts a la Carte	Pam Bono	Traditional
Quilts with a Spin	Piece O' Cake Designs	Techniques
Quilts without Corners	Cheryl Phillips	Techniques
Rabbit Patch	Jeana Kimball	Applique
Rotary Heirloom Quilts	Nancy Brenan Daniel	Traditional
Scrap Quilt Secrets	Diane Knott	Scrap
Spirit of Christmas (The)	Letitia Hutchings	Seasonal
Star Happy Quilts	Judy Martin	One Block
Toppers 2	Lynda Milligan & Nancy Smith	ETC.
Utah Heritage Quilt Pattern	Jill Finley	ETC.
Vintage Animals	Nori Koenig	Yesteryear
Worth Doing Twice	Particia Morris & Jeannette Muir	Yesteryear

## Lost & Found at QuiltFest *By Karen Olsen*

The following items were found at Quiltfest 2016. If they belong to you, please contact me, Karen Olson, UQG property person at [801-362-1365](tel:801-362-1365).

- ♦ 2 pieced fabric diamonds (1-blue/purple/black, 1-red/orange/black)
- ♦ 1 quart Measure-Right mixing container
- ♦ Leatherman Skeetool
- ♦ Pair of Blue Shield sunglasses
- ♦ 2011 Quiltfest pin "A Symphony of Colors"
- ♦ 2008 Quiltfest pin "Pieceful Paradise"
- ♦ Qmadix phone charger
- ♦ 6 yds salmon/blue/purple batik fabric
- ♦ "Big Fat Bags" instruction sheet (ask Gloria hand-written on it)
- ♦ "Hearts & Vines" wool kit
- ♦ hot pink Revlon blow dryer
- ♦ Croft & Barrow black wide brim wired hat
- ♦ small ceramic Christmas boot
- ♦ 1" wide metal presser foot
- ♦ gray round rubber piece with the number 56 on it
- ♦ 23 x 35" Olfa cutting matt (Ora Bridges name is on it)
- ♦ Scissors—large pair with blue handles,



(Continued on page 14)

- ♦ Scissors—large pair with purple handles
- ♦ Scissors—small pair with orange/gray handles
- ♦ Scissors—small pair with hot pink/black handles

**I have the following items from 2015:**

- ♦ Small 4 x 5" - 2" deep basket
- ♦ x-large black hooded jacket with Yellow-stone embroidered on front

**I still have the following items from 2014:**

- ♦ black rubber ½" round from machine bottom
- ♦ small luggage lock
- ♦ AQS pin
- ♦ from the Hexagon class – silver ½" ring (a part for something)
- ♦ from the Mad Dash class – Black & Decker Travel Pro iron

**Recipe of the Month—Friendship Soup in a Jar** *By Allison Babcock*

**Ingredients:**

- 1/3 cup beef bouillon
- 1/4 cup dried minced onion
- 2 tsp. Italian seasoning
- 1/2 cup dried split peas
- 1/2 cup uncooked quinoa ( or 1/2 cup uncooked alphabet pasta)
- 1/4 cup barley
- 1/2 cup dry lentils
- 1/3 cup brown rice (or 1/3 cup white rice)

1 cup uncooked rotini, or enough to finish filling the jar

**Directions:**

Layer ingredients in order in a 1-quart canning jar. Using a funnel with about a 2-inch neck may make this easier to do.

Attach a tag with the following information:



**Friendship Soup Mix**

**Additional Ingredients:**

- 1 lb. ground turkey (Or ground beef)
- 3 qts. water
- 1 can (28 oz.) diced or crushed tomatoes, undrained

**To prepare soup:**

Carefully remove rotini pasta from top of jar and set aside. In a large sauce pan or Dutch oven, brown turkey (or beef) and drain. Add water, tomatoes and soup mix. Bring to boil then reduce heat, cover and simmer 45 minutes. Add reserved rotini pasta and simmer 10 minutes more. Serves 16.



### Carrying on the legacy in a new location

Kate's Quilting Block has moved to  
1734 Blackhawk Dr. Pleasant Grove UT.  
Phone: (801) 796-1533

#### Services provided are:

Machine Quilting, Monogramming, Embroidery,  
Custom Quilt label, Machine Binding,  
and Custom Keepsake/Memory Quilt Making.

#### Quilt Batting

is available in Cotton - cream, white, and black  
along with Polyester - 8oz & 12 oz.

#### Hours of Operation:

Tues. - Wed. 10:00 am - 5:00 pm

Thurs\*. 10:00 am - 3:30 pm

Fri. - Sat. 10:00 am - 5:00 pm

\*Closed 1st Thurs. of each month

*Kate's Quilting Block will only be providing services and batting  
at this location.*



The Patchwords Newsletter is published eleven times a year (Jan—Nov) and mailed or emailed to current members of the Utah Valley Quilt Guild.

#### Current Membership: 266

The Utah Valley Quilt Guild was established in 1982 as a chapter of the Utah Quilt Guild. It is a non-profit organization dedicated to promoting the art of quilting through educational and social means and to provide service to the community.

The Utah Valley Quilt Guild meetings are held on the 3rd Wednesday of the month (except Dec.)

at: **OREM SENIOR CENTER**

**93 NORTH 400 EAST, OREM, UTAH.**

Membership dues for the Utah Valley Quilt Guild are \$15 / year. Benefits include participation in monthly meetings, free entry to forums, checking out books from the Library, and discounts to many local quilting & fabric shops. Send dues to:

**Machelle Preston, Membership Chair**

**Utah Valley Quilt Guild**

**1364 South 1270 East**

**Spanish Fork, Utah 84660**

email [thecherrytreecottage@yahoo.com](mailto:thecherrytreecottage@yahoo.com)  
or 801-362-6988

Kathryn Carbine

1309 S. 950 W.

Payson, UT 84651

385.201.3505

801.465.0929

**KC** Machine Quilting

Stay up to date all things Utah Valley Quilt  
Guild by visiting our website at

[www.uvqg.org](http://www.uvqg.org)

Or join in on the conversation at our Face-  
book page.!

Classified Ads in Patchwords are free for members. These ads will run for two consecutive months unless otherwise notified. Advertising for business purposes is available at the following monthly rates:

**1/4 Page Ad: \$10.00 1/2 Page Ad: \$20.00**

**Whole Page Ad: \$40**

**(UVQG Members receive a 20% discount)**

**Quilt Stands and other quilting supplies are available to rent from UVQG. Contact one of our Property Chairpersons for more info.**

**Send any correspondence, comments, articles, and ads to:**

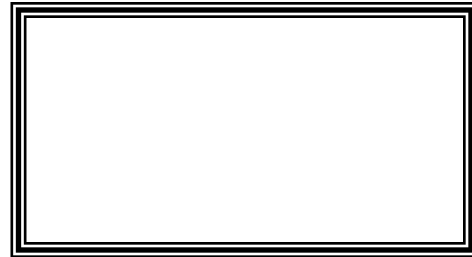
**Kim McCloskey – Newsletter Editor**

**PatchwordsEditor@gmail.com**

**Deadline for next issue: December 15, 2016**



Utah Valley Quilt Guild
Chapter: Utah Quilt Guild 1364 South 1270 East Spanish Fork, Utah 84660



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