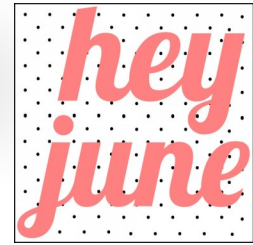




# PATCHWORDS

Utah Valley Quilt Guild  
www.uvqg.org

June 2017



Volume XXXV, No. 6

## Inside this issue:

### President's Message by Maureen Tuttle

As I stood in front of all of you at our last guild meeting, I couldn't help but notice how beautiful all of your faces were. So many of you shared your bright smiles and positive encouragement as we went through the various announcements and show & tell presenters. And then the birthday song! Your voices rang out with enthusiasm and clarity! And even though most all of you were dressed in casual clothes, you looked so lovely! Did I mention how great you were to quickly move between classes and how supportive and complimentary you were to each teacher? We had so many cheerful people who jumped in and helped with the library, setting up and taking down chairs and tables, and holding quilts for show & tell. You are the reason the guild runs so well and is so much fun!

Now, I sincerely mean all of the above compliments. But I'm going to admit to you that you've all just been INVEIGLED. That's a new word I just learned this week. It's my favorite word right now and with the July Fair coming up, I hope it's appropriate and effective. INVEIGLE [in veh guhl] is a verb that means "to persuade (someone) to do something by means of deception or flattery." Now, even though we always need a lot of help from our guild members to make the July Fair successful, rest assured that I would never inveigle any of you by deception. Nor would I inveigle you by false flattery. So I'm just going to inveigle you by use of true flattery, and ask for your help. Sign-up sheets were passed around briefly at our last meeting and will be passed around again in June. But if you didn't have an opportunity to sign up and are willing and able to help, please call, email or text me. The areas we need help with and my contact information are listed below.

But truly and sincerely, even to those of you who can't attend the July Fair or are unable to help, I think you're all the greatest and I appreciate you being part of this fabulous quilt guild! If it weren't for all of you, we wouldn't be the Utah Valley Quilt Guild. And I'm not inveigling you right now!

July Fair Help: Garage Sale (1 hr. shifts), Registration Table (1 hr. shifts), Set Up/Take Down, Bake Sale Item Donation, Silent Auction Donation, Quilt Display Set Up/Take Down (5-6 quilts).

Thank you!

Contact Maureen Tuttle at [queentut1@comcast.net](mailto:queentut1@comcast.net), or 801-592-1920.

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## 2017 UVQG Board Members

2

President:	Maureen Tuttle	801-592-1920	queentut1@comcast.net
President Elect:	Brenda Sommers	801-836-9563	brenda@homerealty.com
Past President:	Wanda Sump	801-602-4065	sumpfamily@gmail.com
Secretary:	RevaBeth Russell	801-489-5047	revabeth@gmail.com
Treasurer:	Annie Thayne	801-376-5530	thayne.annie@gmail.com
Membership:	Machelle Preston	801-362-6988	thecherrytreecottage@yahoo.com
Newsletter Emailing:	Judie Oler	801-234-9949	judieo2000@yahoo.com
Historian/Blog:	Angela Baxter	801-227-4182	angela.dawn.baxter@gmail.com
Librarian:	Jodie Banks	801-225-4620	jodie56banks@gmail.com
Librarian Assist:	Teresa Dewey	208-869-2139	mildewey@msn.com
Book & Notions Reviews:	Kendra Hall	801-225-7035	johnkendra@mac.com
Hospitality:	Becky Ghiz,	801-707-4307	rebecca.ghiz@gmail.com
	Annette Ghiz	801-910-7985	annettelghiz@gmail.com
Website:	Caisa Hess	801-704-9010	caisa@comcast.net
Newsletter Editor:	Kim McCloskey	801-319-5513	kim.mccloskey@mail.com
Newsletter Mailing:	Barbara Murdock	435-654-0656	heberbarb@gmail.com
Facebook:	Lynnette Rose	801-897-7355	doublerose2@msn.com
UQG Area Rep So.:	JoAnne Hawks	801-971-6817	hawks.joanne@gmail.com
UQG Area Rep No.:	AnnaRae McAllister	801-226-7966	annaraemca@gmail.com
Show & Tell:	Nancy Licari	801-400-4018	Oremgr8gdma@hotmail.com
Service Project:	Kathie Zobell	801-372-6260	kathieandsteve@gmail.com
	Karren Barley	801-226-3178	karrenbarley@gmail.com
Springville Show:	Shirley Olsen	801-224-3022	sloquiltandsew@yahoo.com
	Wanda Sump	801-602-4065	sumpfamily@gmail.com
	Karin Crawford	801-616-9229	karincrawford@gmail.com
Beekeeper:	Teresa Dewey	208-869-2139	mildewey@msn.com
Retreat Chair:	Davidene Zimmerman	801-368-3910	davidenez@gmail.com
Property Chair:	Lynnette Rose	801-897-7355	doublerose2@msn.com
Property Chair Assist:			
Special Projects:	Mary Killpack	801-791-1844	marykillpack@gmail.com
July Fair Chair:			
Assist:	Kimberly Lohner	801-319-5157	kglohner@gmail.com
Assist:	Debbie Neilsen	801-836-3959	quiltgarden74@yahoo.com

Quote of the Month  
"A stitch in time saves nine."

Interpretation: Saves nine what, you ask. Well, stitches of course. One stitch made right away, prevents further breakage and will not require nine more stitches later.

- **Jun 10** — Saturday Sew@ Jacob’s Senior Center in Pleasant Grove . Begins at 9:30 am.
- **Jun 21**— UVQG Meeting @ Orem Senior Center
- **Jul 19**— UVQG July Quilt Fair @ Peteetneet in Spanish Fork
- **Jul 29—Sep 23**— Springville Quilt Show
- **Sept 19-23**— UQG Quilt Fest “Ruby Jubilee” @ Layton (see utahquiltguild.org for more info)
- **Nov 8-11** — Fall Retreat @ Midway
- **Second Saturday of Every Other Month** — Saturday Sew/Sit and Stitch @ Jacobs Senior Center in Pleasant Grove ( June 10th, August 12 and October 14th).

**UVQG AT-A-GLANCE:**

**Wednesday, June 21, 2017**

**Marjie Ullery**

**Board Meeting:** 11:00 am– 12:00 pm

**Guild Meeting:** 1:30 pm—3:00 pm

**Where:** Orem Senior Center

**Bee Highlight**— *by Teresa Dewey, BeeKeeper*

### Piecemakers

Piecemakers is a fun group, and open to new members. It meets in the Springville High School home economics room. Talk about a great location! Meetings are held the third Thursday of each month, Sept.-May, at 7 PM.

The evening I visited, they had a fat quarter drawing, a great show & tell time, and a presentation on quilting tips. The group has an ongoing challenge to finish old quilt projects. Drawings are held three times a year to reward one of the lucky quilters who finished a UFO (unfinished object). Then there is a bigger drawing in November to reward those who finish 3 or more old projects during the year. The group is also doing a spool block exchange, with each member making 14 blocks in an assigned color. At the end, each participant will get 14 different colored spool blocks to make into a quilt.

Each year Piecemakers puts on the July 24 outdoor quilt show in the Jones-Hughes Pioneer Park in Spanish Fork, as part of S.F.'s Fiesta Days. This is a great community service!

For more information on this Bee, please contact Amy Williams, president, at [801-794-2638](tel:801-794-2638)



## May Guild Meeting Recap -by Maureen Tuttle

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We had a great group of quilters at our May Round Robin, learning tips for making half square triangles, flying geese, disappearing 9 patches, fidget quilts, and fast kitchen hacks. We're including what we can of the handouts and recipes/tips that we shared in the emailed version of the Patchwords, and as much as we have room for in the mailed version, in case you missed the meeting. Thanks to the wonderful teachers and helpers who made our classes successful!

## June Guild Meeting

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Margie Ullery, owner of Ribbon Candy Quilts, will be our presenter at our June meeting. She just returned from Quilt Market in St. Louis and will have some interesting information, as well as beautiful quilts to share with us. Can't wait!



## Lost Sweater

---

**LOST  
AND  
FOUND**

Lost Sweater !- A soft, cream colored sweater was left on a chair at our meeting in May. If you are missing your sweater, contact Maureen Tuttle. I will bring it to the next meeting but could get it back to you sooner if needed.

## 2017 Fall Retreat—Final Payments Due by Marilyn Hamblin

---

Just a friendly reminder ...your final payment for Fall retreat is due in 7 weeks, July 15, however, you may send me your payment at any time, 3388 W 14400 So, Bluffdale, UT 84065. I will be at July Fair to collect payments if that is easier for you.

1 to a room is \$550

2 to a room is \$400

3 or 4 to a room is \$325

Most of you put \$75.00 deposit.

If you are unsure of what you signed up for or the amount of your deposit, please feel free to call me, Marilyn at 801 254 6832.

Also if you are unsure about your status on your guild membership, please call Machele Preston 801 962 6988

## May Show and Tell—part 1

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1. Diane Carn, "Stacked Squares". It is made with the Downton Abbey collection from Craftsy. 1 layer cake, 2 jelly rolls & some stash. It's the first quilt she's quilted on a longarm machine, with help from her sister-in-law, Mary Frances Killpack.



2. Trish Derrick, "Barbados Bag". A cute yellow, gray & white bag with different compartments and zip-pers. (And treats left over from a trip to Disneyland.) She made one of these bags for all of her girls.



3. Helena Miskin showed us a darling tied baby quilt. Baby Minnie Mouse with black flannel on the back. So cute and soft.



4. Wanda Sump, "Vintage Tin". This was a gift for her husband's 50th birthday. It took 2 years to make because it was a surprise and he works from home. She tea-dyed the muslin and changed the pattern to personalize it with embroidery of their favorite numbers, nicknames, birthdays, cities they are from, and details from their Route 66 trip. The license plates have their kids' names and birthdates, and the babies they lost.\



## May Show and Tell - part 2

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5. Janice Walker, Missouri Star Quilt Company's "Kindred". She saw a charm pack online named "Little LuLu, I love you Lu". She had to make a quilt for her granddaughter whose name is Lucy and they call LuLu. Because she does, indeed, love her little LuLu.



6. JoAnne Hawks, "Rail Fence" from Angela Walters on The Midnight Quilt Show - free on Craftsy.com. All batiks were from JoAnne's stash. She broke her shoulder and was having a hard time not being able to sew. This is the first quilt she made after she could sew again, because she needed something simple while she was still recovering.



7. Sharon Wright, "Scrappy Stars". Multi-colored scrap quilt with a wool vine. She did big stitch quilting. This represents not a FINE quilt, but a DONE quilt. ☺



8. Sharon Wright, "Gingerbread Friendship Quilt". This was a fun block exchange with the Utah Quilt Guild consisting of 15 gingerbread boys and girls. Another DONE quilt!

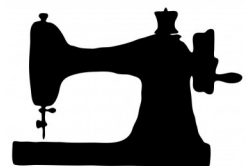


- Put Ripe avocados in fridge to extend life
  - No tomatoes in fridge – changes flavor
  - Red peppers are green peppers left on the vine longer. Contain more beta carotene.
  - Lettuce – Wash, dry off or spin, place dry or damp paper towel in bottom of zip-loc bag & seal to extend life of lettuce a lot longer.
  - Put a Wooden spoon on top of a pot of boiling potatoes or pasta and it will keep the food from boiling over.
  - Press & Seal – Cut off a strip and wrap around spool of thread to keep ends from unwinding.
  - Kitchen scissors – Use to chop herbs, cut canned tomatoes or chilies finer right in the can, or to trim meats. Much faster than a knife.
  - Chicken – Shred cooked boneless chicken in a deep bowl with your beaters for enchiladas, salad, etc. So fast!
  - Onions—
  - Freeze 8-10 minutes or halve and put in a cold water rinse before chopping to keep your eyes from burning.
  - Light a match, blow it out & wave around. (Sulphur from onions makes eyes burn, the match smoke helps it dissipate.)
  - Freeze extra chopped onions for later use.
  - Garlic & onion smell on hands – Rub hands on a stainless steel spoon under cold water to remove smell. Or on a cut lemon.\
  - Brownies – Cut moist brownies or other bar treats with a PLASTIC knife. They won't stick to the knife like they do with a metal one.
  -
- Google Kitchen Hacks for more ideas on how to “peel” kiwi’s and dice Mangos, peel boiled eggs, chop onions quickly, etc.

### June 13—National Sewing Machine Day

The first sewing machines were made in France in the 1830s. It wasn't until 1846, that they were patented in the U.S. What a great invention. Prior to it's creation, clothes items were sewn together by hand...stitch by stitch.

- \* Walter Hunt invented the first American lockstitch sewing machine in 1832.
- \* John Greenough patented the first sewing machine in the United States in 1842.



Industrial use of the sewing machine reduced the burden that was placed upon housewives, moving clothing production from them and seamstresses to large-scale factories. This also resulted in a decrease in production time which caused the price of clothing to drop considerably.

Quick Frozen Citrus Pie

- 1 can (6 fl. oz.) lemonade or pink lemonade frozen concentrate
- 1 pint vanilla ice cream, softened slightly
- 8 oz. Cool Whip
- Yellow or pink food coloring if desired
- 1 graham cracker pie crust

Place concentrate in a large mixing bowl and beat about 30 seconds. Gradually spoon in ice cream and blend. Fold in Cool Whip and add food coloring, whipping until smooth. Freeze, if necessary, until mixture will mound. Spoon into pie crust. Freeze until firm, at least 4 hours. Adorn with mint leaves if desired.

Quick Candy Bar Pie

Melt one Giant size Symphony chocolate & toffee candy bar (or chocolate candy bar of your choice) in microwave just until melted when stirred. Mix quickly into a 12-oz tub of Cool Whip til blended well. Mound into a graham cracker or Oreo cookie crust. Grate a chocolate bar or chop another small Symphony bar and sprinkle over the top. Chill well before serving. This is very rich.

Quick Summer Ice Cream Sandwich Dessert

In a 9 x 13 pan, place a layer of ice cream sandwiches (the thinner ones, not Fat Boys), cutting them to fit pan. Drizzle prepared hot fudge and caramel sauces over the top to mostly cover the ice cream sandwiches. Place another layer of sandwiches, cutting to fit pan. Drizzle sauces over the top again. Spread Cool Whip on top and grate a chocolate bar over the Cool Whip. Freeze overnight. When you cut and serve the dessert, no one can tell it's ice cream sandwiches. They think you slaved over this delicious layer dessert. 📺

**Service Day Thank You** by Kathie Zobell

---

Here is our Thank you from our service day donations to baby your baby. We also took a dozen quilts to the UT county refugee assistance program. The quilts we have done this year total 226 so far. That is terrific. Thank you.

Dear Kathie

> Please pass along to the members of your Quilt Guild, our sincere thanks for the 143 quilts that have been donated to our Utah County Health Department Home Visitation Programs just this year. We currently have quilts tucked everywhere while our nurses get ready for their next home visits. They love delivering beautiful blankets to the homes of new moms through out Utah County and you have replenished our shelves for some time to come. We appreciate your time, expertise and dedication that goes into each quilt and we can feel the love that is tucked inside each one.

>

> Thanks again,

>

> Bonnie Hardy, Bureau Director and

> Diane Crook, Secretary

>

> BABY YOUR BABY

> Utah County Health & Justice Building

> 151 S. University Ave. Suite 2400

> Provo, UT 84601

>

> [801-851-7033](tel:801-851-7033)

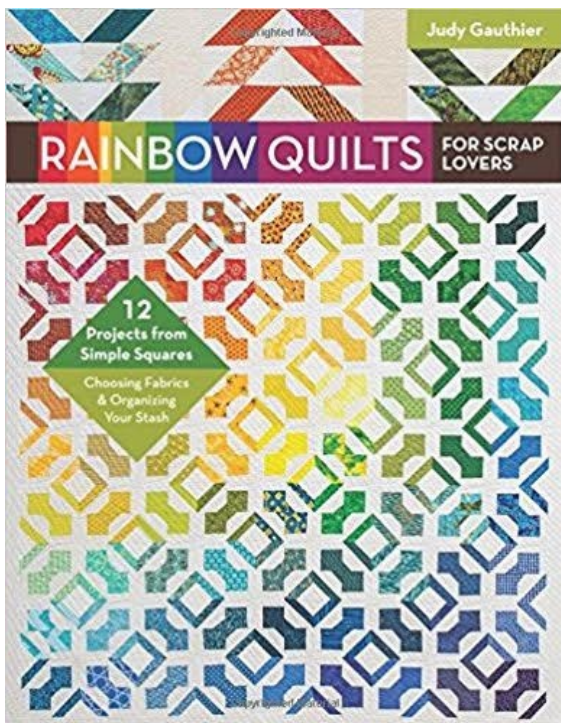


The Springville Museum of Art Quilt Show is only about a month and a half away! Plan to enter one or two of your quilts in this beautiful show. Basic information about the show, the eligibility requirements, and directions for the special hanging sleeve are all on the museum website, [www.smofa.org](http://www.smofa.org). Scroll down on the home page and click on "Upcoming Exhibitions." Next click on "44th Annual Quilt Show." The online entry form will be available June 26th through July 22nd. The museum is asking entrants to fill out the form online at least 24 hours before bringing their quilts to the museum on July 21st or July 22nd between 10 a.m. and 4 p.m. The entry form will allow you to write a 100 word history of your quilt. Entry fees of \$15 per quilt may be paid by credit card online or by check or cash when bringing your quilts to the museum. The Springville Show is a juried show which means that a committee will decide which quilt entries will be hung in the show. Quilts are selected based on several factors such as the following: Correct hanging sleeve, quality workmanship, good visual impact, & available space. This year, the Traveling Ruby Jubilee show will be in the large back room where we usually hang larger quilts. The judged show will be in the rest of the main floor of the museum. If your quilt entry is larger than 109" x 109", please check with me for available space before paying the non-refundable entry fee.



The Opening Reception and Awards Ceremony will be on Saturday, July 29, 2017 from 11:00 am to 1:00 pm. All guild members are invited. Refreshments will be served.

Trunk Shows will be on Wednesday, August 2, 2017 from 6:00 pm to 8:30 pm and on Thursday, August 3, 2017 from 12:30 pm to 3:00 pm. Krisanne Watkins has been scheduling some wonderful quilters to share their quilts with us. The list of participants is coming soon.



### President Elect's Quilt Challenge by Brenda Sommers

You can win this book! Simply email me with a description of what YOU are making for the President Elect Challenge this year and I will add you to the drawing this summer! (August).

Remember - a "Color Gradated Quilt", colors going across the quilt, not just all over. You must be a current member to win and you must be signed up for the contest - you can do that at any time!

Thanks!




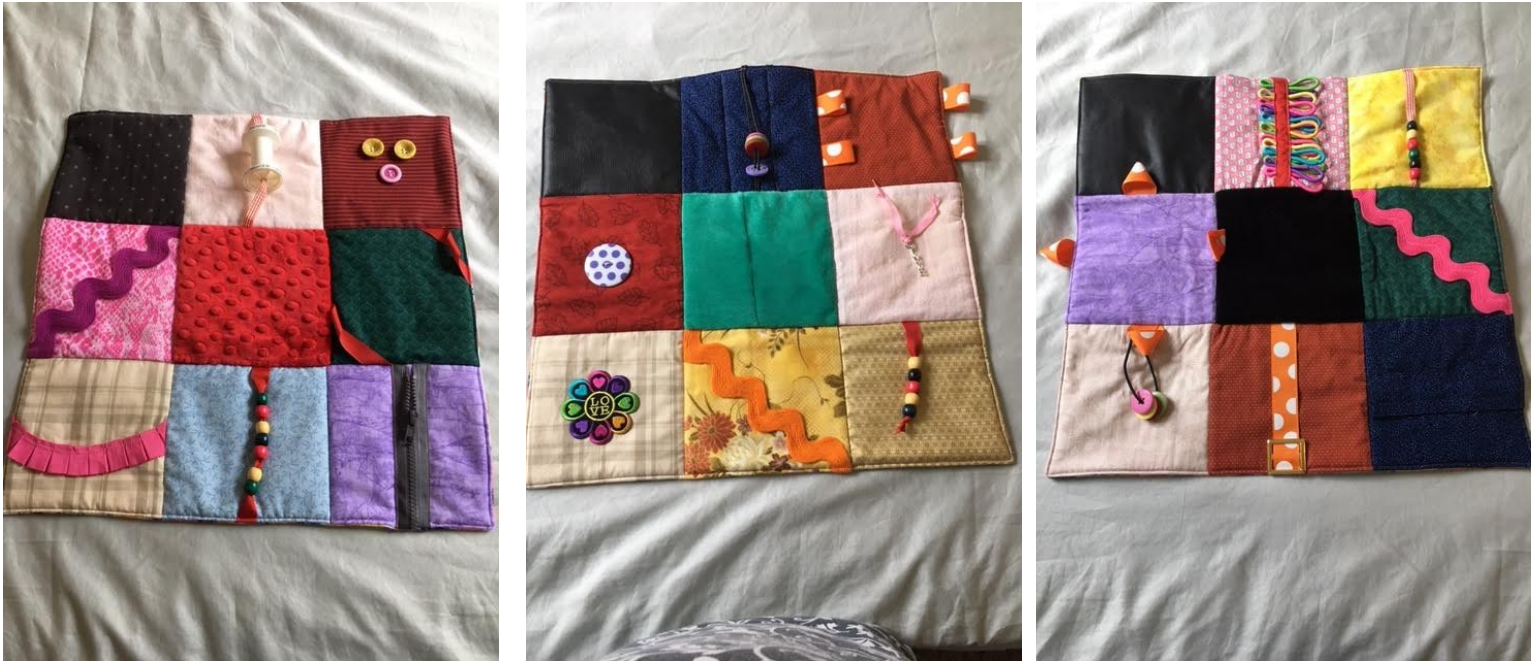
## Fidget Quilts

It is estimated that in America over 5 million people are afflicted with Alzheimer's disease. Although the mechanics of this disease are not fully understood, scientists do know the disease develops in stages with dysfunction in cognitive processes, notably memory loss. As the brain shrinks, due to the disease, those affected become more agitated; developing restless hands, and often "fidget" with medical equipment. To ease this agitation, the fidget quilt was created.

There are so many different ways to make these quilts but basically they are a mini lap-size quilt about 20x20" with different objects sewn on that are tactile and manipulative.

### Tips for construction

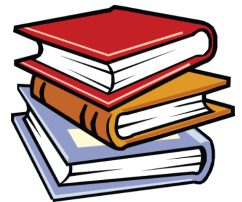
- Can be made as a 9 patch or with a plain piece of fabric
  - Sew ½" seams
  - Use a shorter stitch length
  - Zigzag seams' edges
  - Use a heavier needle
  - 
  - A walking foot is helpful
  - Use washable decorations
  - Use sturdy decorations
  - Reinforce areas as needed
- 
- Make a regular quilt sandwich and back with flannel, Minkee, fleece, etc. so it won't slide off their lap
  - If using heavier fabric like denim, twill, or home deco fabrics you may not need batting
  - Envelope the quilt and stitch around the edges
  - Do some quilting to stabilize the quilt sandwich
  - Picture yourself using the quilt – what would interest you?
  - Letter beads for name of person – envelope pocket with Velcro flap to put tissues or little candies in
  - Foster care – autistic kids – make gender applicable
  - Google fidget quilts or fidgety quilts – Etsy – Pinterest



**UVQG Library**—by Jodie Banks

Volunteers are needed to help with set-up and take-down of library books at each guild meeting. Please contact Jodie Banks at 801-225-4620 or at [jodie56banks@gmail.com](mailto:jodie56banks@gmail.com) if you are willing to help.

The librarians are doing an inventory on all books. We are lucky to have such a large library with so many wonderful titles. Thank you to all those who have donated so generously to help our library expand. Please keep our library in tip-top shape by returning your books promptly. Thank you!



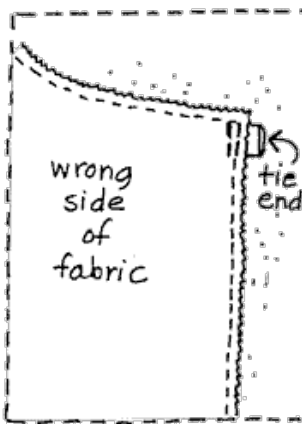
**UQG Ruby Jubilee entry deadline August 27 , 2017**

The Utah Quilt Guild is celebrating it's 40 anniversary with a Ruby Jubilee Quilt Show. A traveling show of red and white quilts have been on display in separate locations throughout the state of Utah and the grand finale will be at Quilt Fest Show in September.

If you have a red and white quilt please consider entering your quilt in the final show. Quilts must have been completed in the past three years to be accepted in the Viewers' Choice Show. However, vintage red and white quilts will be welcomed for display only.

For rules and entry forms, visit [utahquiltguild.org/ruby-jubilee-2017](http://utahquiltguild.org/ruby-jubilee-2017)






wrong side of fabric

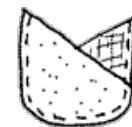
tie end

For strong apron ties, clip and trim seam allowances with pinking shears, but do not trim off the tie ends. Also, reinforce stitching over tie ends and neck straps.

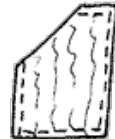


Laundry aprons in a mesh bag to prevent ties from winding around other items in the washer.


### Mix and Match Apron Pockets




Church Ladies Double Pocket




Newfangled Pattern-Hometown Cafe Apron Pocket




No Strings Apron Pocket- Sew it on at a slant for easier hand access



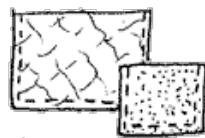
Favorite Reversible Apron Pocket



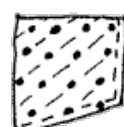
Newfangled Pattern-TV Housewives Apron Pocket




Wrap Front Apron Pocket



Hot Dish Apron Layered Pockets



Chatterbox Apron Pocket



Apple Cobbler Apron Pocket


Mix and match apron parts:



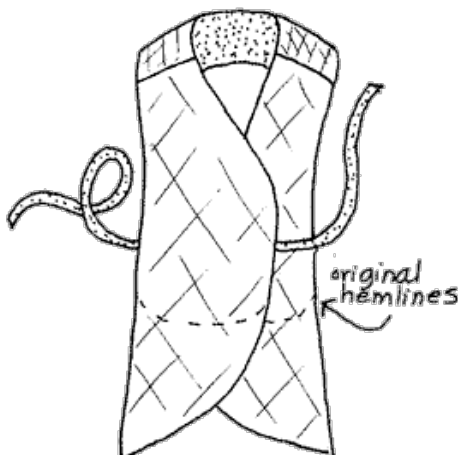
Top from Blue Ribbon Apron from the Newfangled Pattern

Bottom from the Clothespin Apron Pattern

**AJK** Use the alphabet from the Favorite Reversible Apron Pattern to monogram apron tops and pockets.




Church Ladies Apron  
Straighten bottom edges and leave hemline open for the gathering/carrying feature in the Clothespin + Apple Cobbler Aprons




Wrap Front Apron - Extend apron front length + choose elegant fabrics for a dress-up apron.

original hemlines



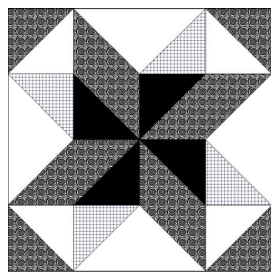
Apple Cobbler Apron



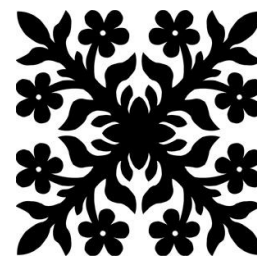
Chatterbox Apron

Two New Reversible Apron Patterns by Mary Mulari

Mary Mulari  
Mary's Productions  
Box 87  
Aurora MN 55705  
www.marymulari.com



Utah Valley Quilt Guild  
Presents



# July Quilt Fair

July 19, 2017  
From 9:30 a.m.—3:00 p.m.

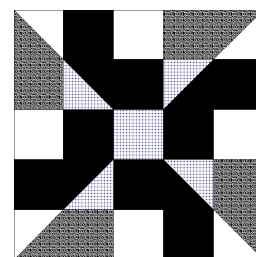
## Peteetneet

Museum and Cultural Arts Center  
10 North 600 East  
Payson, Utah

free classes, door prizes, food trucks for lunch, yard sale,  
silent auction, quilt displays, vendors, bake sale,  
public welcome



For more information visit [UVQG.org](http://UVQG.org)  
Or call Maureen Tuttle at 801-592-1920  
Volunteers are needed!



## June Birthdays!

**Kathy Benson**

**Wendy Cordon**

**Sandra Shumway**

**Lani Brower**

**Joye Hall**

**Janet Simper**

**Joan Burlingame**

**Kim McCloskey**

**Carol Swindle**

**Myrna Camesecca**

**Christina Pocock**

**Evelyn Tame**

**Marlene Cook**

**Debbie Proctor**



## The Magic 8 Method for Half-Square Triangles by Karen Walker of Craftsy

### STEP 1:

To make a Magic 8, first determine what size *finished* half-square triangles are desired.

For example:

1. Let's say you want to make 3" *finished* half-square triangles.
  2. Add to your 3" measurement,  $\frac{7}{8}$ ". (Your total is now 3- $\frac{7}{8}$ " )
  3. Multiply your total of 3- $\frac{7}{8}$ " by 2. (That equals 7- $\frac{3}{4}$ " )
- 7- $\frac{3}{4}$ " squares are the size needed to make your 3" *finished* half-square triangles.

### STEP 2:

Cut two squares the desired size based on the formula above.

### STEP 3:

With right sides together, draw two diagonal lines corner to corner.

### STEP 4:

Stitch a quarter inch of either side of both drawn lines.

### STEP 5:

Carefully cut apart with out shifting the stitched fabric square.

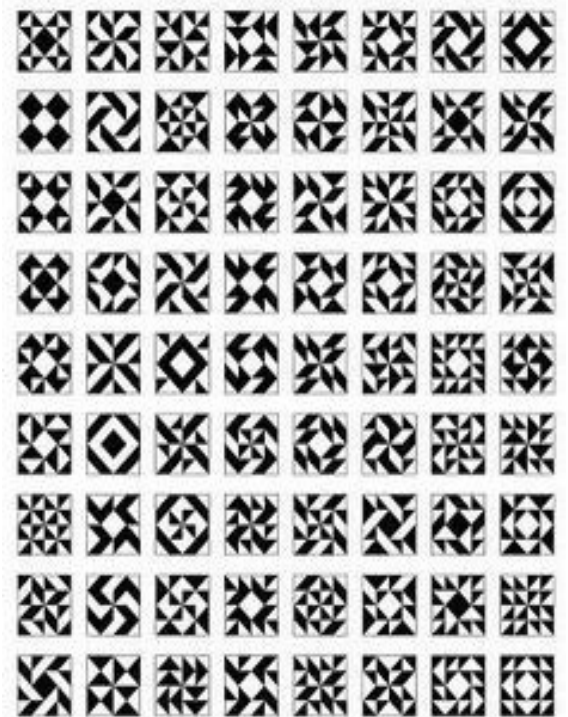
There will be four cuts:

**Cut 1:** Vertical cut right down the center.

**Cut 2:** Cut down the center horizontally.

**Cuts 3 and 4:** Cut on both the drawn diagonal lines. Voila!

Just look at some of the possibilities for blocks made with HSTs! →



# 10 Ways to cut a Fat Quarter

<b>Six</b> 6.5" Squares	<b>Nine</b> 6" Squares	<b>Twelve</b> 5.5" Squares
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<b>Twelve</b> 5" Squares	<b>Sixteen</b> 4.5" Squares	<b>Twenty</b> 4" Squares
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<b>Thirty</b> 3.5" Squares	<b>Forty-two</b> 3" Squares	<b>Fifty-six</b> 2.5" Squares
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**Ninety-nine** 2" Squares

FAVEQUILTS 

The Patchwords Newsletter is published eleven times a year (Jan—Nov) and mailed or emailed to current members of the Utah Valley Quilt Guild.

**Current Membership: 269**

The Utah Valley Quilt Guild was established in 1982 as a chapter of the Utah Quilt Guild. It is a non-profit organization dedicated to promoting the art of quilting through educational and social means and to provide service to the community.

The Utah Valley Quilt Guild meetings are held on the 3rd Wednesday of the month (except Dec.)  
at: **OREM SENIOR CENTER**

**93 NORTH 400 EAST, OREM, UTAH.**

Membership dues for the Utah Valley Quilt Guild are \$15 / year. Benefits include participation in monthly meetings, free entry to forums, checking out books from the Library, and discounts to many local quilting & fabric shops. Send dues to:

**Machelle Preston, Membership Chair**

**Utah Valley Quilt Guild**

**1364 South 1270 East**

**Spanish Fork, Utah 84660**

email [thecherrytreecottage@yahoo.com](mailto:thecherrytreecottage@yahoo.com)  
or 801-362-6988

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**Whole Page Ad: \$40**

**(UVQG Members receive a 20% discount)**

**Quilt Stands and other quilting supplies are available to rent from UVQG. Contact one of our Property Chairpersons for more info.**

**Send any correspondence, comments, articles, and ads to:**

**Kim McCloskey – Newsletter Editor**

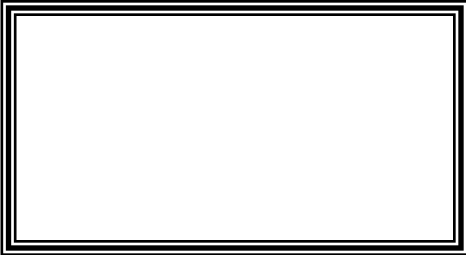
**PatchwordsEditor@gmail.com**

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Stay up to date all things Utah Valley Quilt Guild by visiting our website at [www.uvqg.org](http://www.uvqg.org)  
Or join in on the conversation at our Facebook page!



Utah Valley Quilt Guild  
Chapter: Utah Quilt Guild  
1364 South 1270 East  
Spanish Fork, Utah 84660



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