



Patchwords

Utah Valley Quilt Guild

www.uvqg.org (All the info on UVQG!)

Uvqgblog.blogspot.com (All the pictures)

July 2025
Volume XLII, No. 7

President's Message

It's the most Wonderful Time of the Year! Happy July Fair!

Do you have your calendars marked for July 16th? It's our annual July Fair, lots of fun classes, our popular yard sale, Navajo Tacos, silent auction, vendors, bake sale, quilt show and more. Thank you to all the wonderful July Fair committee who have worked so hard to make this happen. We still need bake sale items and volunteers to help with the garage sale. But most of all bring all your friends for the fun and games. Happy quilting and looking forward to seeing you at the July Fair!

Happy Sewing,
Machelle Preston



UVQG Mission Statement

"The Utah Valley Quilt Guild was established in 1982 to promote the Art of Quilting through educational and social means and to provide service."

Memberships

Membership dues for the Utah Valley Quilt Guild are \$15/year. Benefits include a monthly newsletter emailed to you (Jan-Nov), participation in monthly meetings, free entry to forums, checking out books from the Library, and discounts to many local quilting & fabric shops. If you are past due with membership fees you will be given a one-month grace period. After that you will not receive the Patchwords until you pay your dues. Send dues to:

Utah Valley Quilt Guild
PO Box 133
Orem, Utah 84059

Utah Valley Quilt Guild on Social Media

Can't get enough of Utah Valley Quilt Guild information? You can find up-to-the-minute news on our website at www.uvqg.org, see more photos and details at our blog at UVQGblog.blogspot.com, or join in the conversation on our Facebook page at www.facebook.com/groups/uvqg.org/

Quilt Stands and other quilting supplies are available to rent from UVQG. Contact our Property

Chairperson for more info. Caleb Gorringer
801-814-1517 caleb@sundancequilting.com

We are always striving to improve and make the guild the best it can be, so if you have any comments or suggestions, please feel free to contact any member of the board.

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The Utah Valley Quilt Guild meetings are held on the 3rd Wednesday of the month (except Dec.) at: OREM SENIOR CENTER 93 NORTH 400 EAST OREM, UTAH at 1:30p.m.

Meetings are held at the Orem Senior Center except for Service Day in March and the July Fair.

*Classified Ads in Patchwords are free for members. These ads will run for two consecutive months unless otherwise notified. Advertising for business purposes is available at the following monthly rates: 1/4 Page Ad: \$10.00 1/2 Page Ad: \$20.00 Whole Page Ad: \$40 ( Send checks to guild treasurer)*



**Everyone needs a friend that will call and say, 'Get dressed, we're going on an adventure to the fabric store'**



The Patchwords Newsletter Published eleven times a year (Jan—Nov) and emailed to current members of the Utah Valley Quilt Guild.



# Hurry and get to the July Fair early July 16<sup>th</sup> 9:00am

July Fair 2025

Schedule for the day



9:00am to 09:40am

1. Proddy Flowers
2. InDe'B
3. Do's and Don'ts when taking your  
quilts to a long arm quilter

Taught By: Midway Wool

Taught By: Ina Calder

Taught By: Kim Olsen

9:45 am to 10:35am

1. Proddy Flowers &
2. One Block Wonder
3. Pin Cushion  
and Apron Trunk show

Taught By: Midway Wool

Taught By: Yvonne Wilden

Taught By: Maxine Cran

Taught By: Lauralyne Chord

10:40 am to 11:15 am

1. Applique Techniques
2. Rug Hooking Trunk show
3. Paperless Foundation Paper Piecing

Taught By: Vonda Proctor

Taught By: Lisa Wooly

Taught By: Sharon Kendall

11:20- am to 12:05pm

Lunch

12:05 pm to 12:30pm

Last chance to bid on Silent Auction Items and vote on your favorite



Quilts and to vote for your favorite brag table items.

12:30pm to 1:00pm

1. Cleaning and maintaining your  
Sewing Machine

Taught By: Penny Schmidt

1:00pm to 1:45pm

**Trunk Show**

Taught by: Debbie Spackman

1:45pm to 2:30pm

1. Cross Stitching  
2. Junk Scrap Quilt

Taught By: Kristine Jensen

Taught By: Gloria Heartly



Don't forget to bring lots of money for all the fun things to do and buy.

Bring some cash to avoid the Venmo fees.



## The Bake Sale needs your help!

Please bring any of your favorite  
baked good items to donate to the  
bake sale.

Please bring them up early on the  
day of the fair or take them the  
day before to Darcia 's home at

5503 West 10030 North  
Highland Ut, Or call Darcia Pinette 801-756-0327



# Yard Sale

Starts at 9:00am



Get there early to find the best deals

## Silent Auction

There are so many great Items that have been donated

Pictures, Antique Quilts, Fabric Kits, Cross Stitch Patterns, From Primrose Cottage and Treasa Kogut, Knitting basket



## Ping Pong Ball Toss

For a chance to win a Pin Cushion

3 balls for \$5.00

7 balls for \$10.00

## Photo Booth





# Trunk Show

By: Debbie Speckman

1:00pm to 1:45pm



## Guess how many Items in the jars



Guess how many items are in the jar.

Win the jar with the items



## Lunch



Navajo Taco and a soda or water \$15.00

Navajo Taco \$13.00

Scone with honey butter \$4.00

Soda and water \$2.00 each

And will be available to buy at the Navajo Taco Booth

## Salads will be available at our Bake Sale Table

Chef Salad, ranch dressing & a roll \$12.00

Nuts about Berry salad & a roll \$12.00

You can buy cold water for \$2.00 a bottle

Will be available to buy at the Bake Sale booth





# Vendors

1. Midway Wool Company
2. Paper Pie
3. She Seams Legit
4. Beaded Blossom
5. Kokpelli Krafts
6. In De'B Quilt Shop
7. Aunt B's Catering
8. Scentsy
9. Quilt Scapes
10. Peddle My Paper
11. Quilt S'More
12. Mountain Mermade  
Quilting Retreat & Boutique
13. Stitching Hearts
14. Latter-Day Accessories
15. Tattered Teacher Curiosities
16. Wooly 4
17. Art Box Gallery
18. Skye & Surf



I am so glad  
I brought more money!



## Quilt Show: Please bring your quilts to show

Bring one of your Quilts for the Quilt Show to display it for all to  
see.

I am so excited about the Quilt show.

We will have a Prizes for:

Attendees' choice, July Fair Choice,

UVQG Presidents Choice



# Brag Table

New this year: our Brag tables. Bring 1 or 2 crafts per person, cross stitching, knitting, crocheting, paintings, table toppers or something you made.

We will have prizes



I just want to take a moment to Thank all those that have Helped me to make this such a Fun July Fair for all those that plan on coming. I promise it is going to be a lot of fun!

Did you hear about the Utah Valley Quilt Guild July Fair? Tell you friends and tell their friends everyone is WELCOME to come.



See you there!!



# July Birthdays

Laura Bird

Elena Brooks

Karin Carter

Susanne Gillett

Michele Hillam

Marian Murdock

Deb Patterson

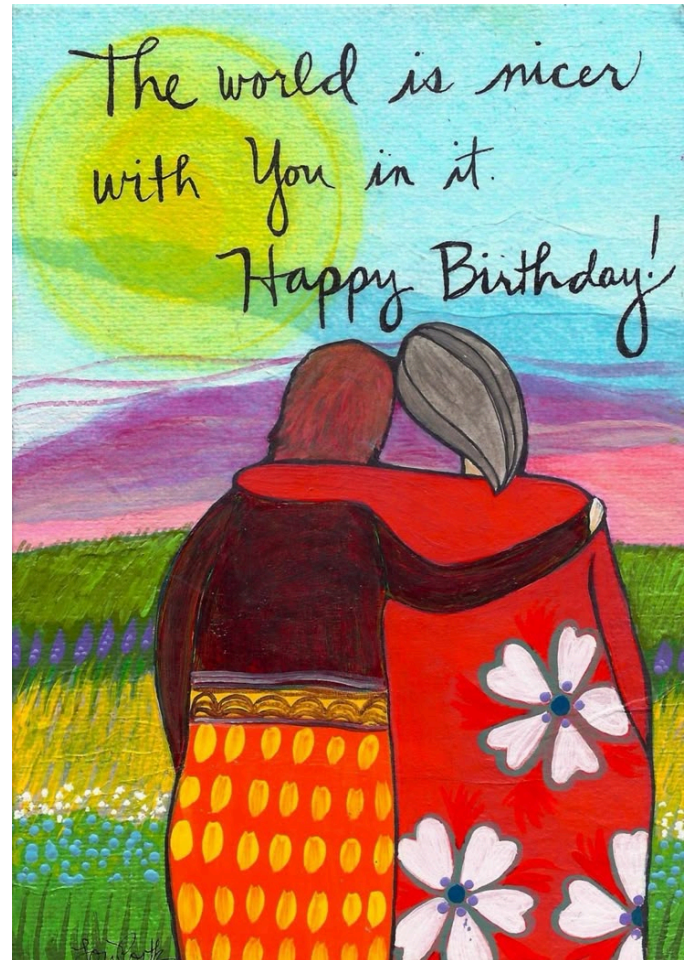
Katie Roth

Karen Schellenberg

Cindy Stokes

Sandy Tanner

Kathleen Troncale



## **UVQG BOARD 2025**

| <b><u>Position</u></b>     | <b><u>Name</u></b> | <b><u>Phone</u></b> | <b><u>Email</u></b>                                                            |
|----------------------------|--------------------|---------------------|--------------------------------------------------------------------------------|
| President –                | Machelle Preston   | 801-362-6988        | thecherrytreecottage@yahoo.com                                                 |
| President Elect –          | Wendy Cordon       | 801-318-4212        | wgbcordon@gmail.com                                                            |
| Past President –           | Kim McCloskey      | 801-319-5513        | <a href="mailto:kim.mccloskey@mail.com">kim.mccloskey@mail.com</a> (not gmail) |
| Treasurer –                | Karin Carter       | 907-2277667         | carpoop@gmail.com                                                              |
| Secretary –                | Karen Marshall     | 801-361-6452        | krmsmile@gmail.com                                                             |
| Membership –               | Judie Oler         | 801-234-9949        | judieo2000@yahoo.com                                                           |
| Historian/ Blog –          | Nida Jackson       | 801-368-4196        | njackson@utwire.net                                                            |
| Newsletter –               | Lana Osmun         | 801-227-4305        | lana@osmun.net                                                                 |
| Website –                  | Caisa Hess         | 801-704-9010        | caisa@comcast.net                                                              |
| Facebook –                 | Sandy Lai          | 801-404-4062        | sandyllai@gmail.com                                                            |
| Programs –                 | Karlene Riggs      | 385-535-6123        | karleneskreation@gmail.com                                                     |
| Program Asst.              | Polly Billings     | 801-592-5830        | pollybdi@aol.com                                                               |
| Librarian –                | Lisa Johnson       | 951-235-6833        | lkj.kelson@gmail.com                                                           |
| Library Asst.              | Suzy Ricks         | 208-206-5057        | esuzanner@gmail.com                                                            |
| Show and Tell –            | Annie Thayne       | 801-376-5530        | thayne.annie@gmail.com                                                         |
| Hospitality –              | Sandy Lai          | 801-404-4062        | <a href="mailto:sandyllai@gmail.com">sandyllai@gmail.com</a>                   |
| Hospitality Asst.          | Barbara Murdock    | 435-671-0263        | heberbarb@gmail.com                                                            |
| Property Chair –           | Caleb Gorringer    | 801-814-1517        | caleb@sundancequilting.com                                                     |
| Service -                  | Sarah Yorgason     | 435-315-7632        | <a href="mailto:sarah.yorgason@gmail.com">sarah.yorgason@gmail.com</a>         |
| Service Asst.-             | Patti Kiser        | 801-358-6308        | pklwest@gmail.com                                                              |
| Spring Retreat -           | Wanda Sump         | 801-602-4065        | sumpfamily@gmail.com                                                           |
| Spring Retreat Asst.-      | Jodie Banks        | 801-376-3833        | <a href="mailto:jodie56banks@gmail.com">jodie56banks@gmail.com</a>             |
| Spring Retreat Asst.-      | Leslie Randall     | 801-318-5258        | pfquilting@gmail.com                                                           |
| Fall Retreat -             | Marilyn Hamblen    | 801-634-2734        | marilynphamblen@gmail.com                                                      |
| Fall Retreat Registration- | Trish Derrick      | 801-809-9425        | trish.derrick@gmail.com                                                        |
| Springville Show -         | Wendy Cordon       | 801-318-4212        | wgbcordon@gmail.com                                                            |
| July Fair -                | Sue Proctor        | 801-472-3764        | handmadesue@yahoo.com                                                          |
| July Fair Asst.-           | Carol Hinckley     | 801-221-1448        | clohinckley@gmail.com                                                          |
| UQG Area Rep (South)       | Audrey Bailey      | 801-796-0244        | cheraple@gmail.com                                                             |
| UQG Area Rep (North)       |                    |                     |                                                                                |

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## Gammill Optimum Plus - \$14,500. OBO

Purchased 2004 - Light use - Like new - in  
Payson

**Includes:**

12 foot poles with head open throat at 26 inches.  
Whole head is 46 inches long  
Design Center - Parts and Guide  
Daylight lighting structure attached  
Adjustable height and wheels attached  
Laser light for pantograph and pantograph shelf  
Manuals

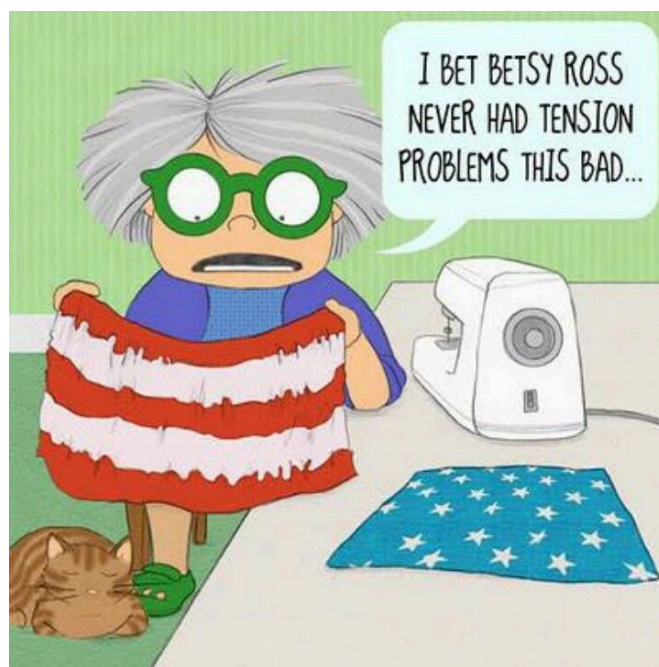
Extra handles for fine quilting  
Thread cones and bobbins

**Separately Available:**

Separate bobbin winder  
Pantograph rolls  
Gammill quilt clips for bar attachment  
Extra bobbins and bobbin rack  
New rubber floor mat  
Machine oil

**Contact:**

sisterpatbanner@gmail.com







AMERICAN FORK 80<sup>th</sup> ANNIVERSARY

# Steel Days QUILT SHOW

## THEME:

*"I paint with all the  
colors of the wind"*

## PRESENTED BY:



## AMERICAN FORK SENIOR CENTER

54 East Main Street

Thursday, July 17  
10:00 am - 7:00 pm

Friday, July 18  
10:00 am - 7:00 pm

Saturday, July 19  
12:00 pm - 4:00 pm

## SUBMISSION INFORMATION

### Registration

Now until  
July 8, 2025  
Online or at Check-in

### Quilt Check-in

July 8, 2025  
10:30 am - 1:00 pm  
7:00 - 9:00 pm

## QUILT PICK UP

### In Person

July 19, 2025  
Saturday  
5:00 - 6:00 pm



STEELDAYSAF.COM/  
QUILT-SHOW

## SPONSORED BY:



The Sewing Basket  
fabrics and quilts

The  
Quilter's Crossing



Celebrating Quilters!  
**UVQG Fall Retreat**  
Zermatt Resort  
Nov. 12 – 15, 2025

Just over 4 months until we get to be together for our Fall Retreat!  
Final payment is now due.

You can mail a check made out to UVQG Retreat to:

UVQG Retreat

P.O. Box 133

Orem, UT 84059

Or you can Venmo your remaining amount plus 2% plus \$0.10 to  
@UVQG-25

More information will be coming soon; our fingers and brains are busy  
getting ready to make this a wonderful time for all!

Marilyn Hamblin – 801-634-2734

Trish Derrick – 801-809-9425



## SHE: Sew Healing Retreat & Expo is Coming to Salt Lake City

**August 13–16 | Mountain America Expo Center**

Get ready for an unforgettable weekend of stitching, sharing, and self-care at SHE: Sew Healing Retreat & Expo — where creativity meets community and wellness.

### Meet the SHE Headliner Icons

Join quilting royalty & wellness coaches including:

- Jenifer Wagner from Snapdragon Quilts
  - Annie Smith, National Quilting Educator
  - Jennifer Andersen, Life Coach
  - Jeannine Groll, Dietitian & Health Coach
- You won't want to miss their inspiring stories, expert tips, and heartfelt workshops.

### VIP Perks Are Calling

Enjoy exclusive VIP Goodie Bags featuring special gifts from Benartex. Treat yourself to early access, premium swag, and more.

### Sew & Tell Quilt Exhibit – Call for Entries

Submit your masterpiece and be featured in our beautifully curated exhibit space. Share your story through stitches.

### Shop the SHE Marketplace

Explore handpicked vendors, quilting treasures, and artisan finds curated just for you.

### Take a Class – Or a Few

From quilting techniques to wellness workshops, our sessions are filled with inspiration, empowerment, and expert instruction.

### Get Your Tickets Today

**Utah County Quilt Guild Members Save 15%**

Use code **SHEGUILD15** at checkout.

Passes and class seats are limited—reserve your spot today!

Visit [sewhealing.com](https://sewhealing.com) for full event details and registration.

# SEW HEALING EVENTS

## RETREATS & EXPO

MOUNTAIN AMERICA EXPO CENTER

Join us for an exciting opportunity to create, heal, and connect with our Grand Junction community. Classes and workshops led by our **VIP Headliners** and expert instructors.

**JENIFER WAGNER**  
SNAPDRAGON QUILTS

**JEANNINE GROLL**

**ANNIE SMITH**

**JENNIFER ANDERSEN**

WORKSHOPS



CLASSES



VENDORS



### "Sew & Tell" Exhibit



Apply & share your best quilted creation for a chance to win cash prizes!

**GUILD COUPON**  
CODE: **SHEGUILD15**

### EVENT HIGHLIGHTS

- Expert Headliners
- SHE Marketplace with top vendors
- Sew & Tell Quilt Exhibit
- Live demos & interactive activities
- Classes and workshops
- VIP Exclusive Experience
- Wellness and Crafting Instructors
- Giveaways and more!

## AUG 13-16, 2025

WEDNESDAY: 1 PM - 9 PM  
THURSDAY & FRIDAY: 9 AM - 9 PM  
SATURDAY: 9 AM - 2 PM



**BRING YOUR FRIENDS!**

FOR MORE INFORMATION

@@SEWHEALINGEVENTS

WWW.SEWHEALINGEVENTS.COM



# 51<sup>ST</sup> ANNUAL UTAH QUILT SHOW

July 19, 2025 - September 20, 2025



*Night Skies*, Colette Lindemann (detail), quilted by Judy Jackson

## Important Dates

July 11<sup>th</sup> - July 12<sup>th</sup>  
10:00 am-4:00 pm

Entries due, quilts dropped off at the Museum,  
with hanging sleeve

July 17<sup>th</sup>

Accepted list posted online at [SMOFA.org](http://SMOFA.org)

July 19<sup>th</sup>  
10:30 am-12:00 pm

Opening Reception and Awards Ceremony at  
the Museum

Sep. 23<sup>rd</sup>- Sep. 25<sup>th</sup>  
10:00 am - 5:00 pm

Quilt Pickup at the Museum



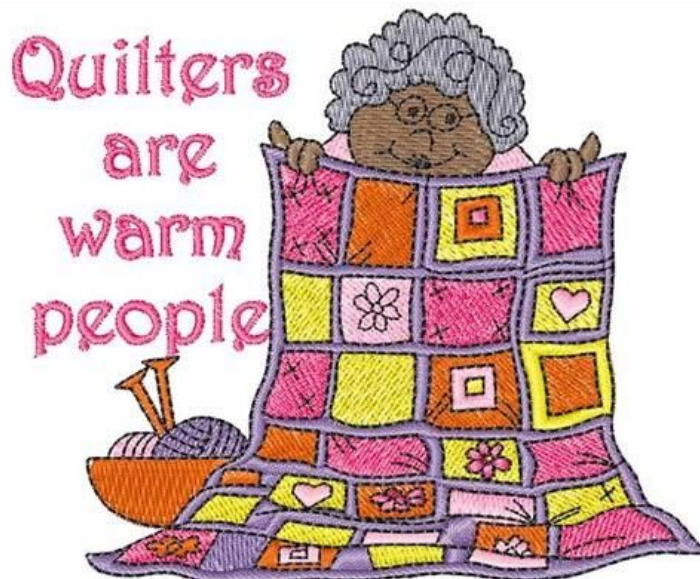
Scan  
for  
more  
info:



## 2025 Many Hands...

### UVQG Service Bee

|                                        |                                                  |                                                                            |
|----------------------------------------|--------------------------------------------------|----------------------------------------------------------------------------|
| July 11<br>Friday<br>10-12:30          | Stitching Hearts<br>90 S. Main<br>Pleasant Grove | help with quilts<br>and fabric                                             |
| July 15<br>4:00 pm<br>(Time<br>change) | Red Barn<br>Wallsburg                            | Set up July Fair<br>Yard sale etc                                          |
| July 16<br>All day                     | Red Barn<br>Wallsburg                            | Sign up to help<br>with anything!<br>Look for sign ups<br>at guild meeting |
| July 29<br>Tuesday<br>10:30-2:30       | Dave's Bernina                                   | Oh My Stars!<br>quilts                                                     |
| Aug 7<br>Thursday<br>10:30-2:30        | Dave's Bernina                                   | Baby toys                                                                  |
| Aug 8<br>Friday<br>10-12:30            | Stitching Hearts<br>90 S. Main<br>Pleasant Grove | help with quilts<br>and fabric                                             |
| Sept 12                                | Help Stitching<br>Hearts at Garden<br>of Quilts  | Look for link to<br>sign up                                                |
| Sept 24<br>Wednesday<br>10:30-2:30     | Dave's Bernina                                   | Bears<br>Dolls of Hope                                                     |





# Many Hands Helps Women in Kenya



*Written by Guest Contributor Aliza, a BYU student who contacted the guild for help with the women's clinic. We provided 46 serged fleece blankets and 435 flannel sanitary pads that were made at our March service meeting.*

The Shaka community in Kilifi County, Kenya is an extremely remote community without access to healthcare, a grocery store, or a fabric store for several kilometers. The nearest medical facility is 20km away from the community. Before the construction of this clinic, many women would attempt to make the journey on foot or on a small motorbike called a pikipiki, sometimes even during labor. During the rainy season, the flooded roads make any other form of transportation nearly impossible. Many women would be unable to complete the journey and give birth in ditches on the side of the road. These were often filled with garbage and leeches.

The medical facility is well received by the community. Currently one doctor and one nurse are employed by the county to oversee the medical dispensary and maternity clinic. The two of them see between 50-100 patients daily each. They are averaging 1-2 births per day at the clinic. The community is so excited to receive the clinic. During construction, women would carry 5-gallon buckets of water on their heads almost a mile from the watering hole to the clinic. They would make this journey 6 times each morning before their regular chores began at sunrise. This truly shows their excitement for this clinic and dedication to helping improve their own healthcare anyway they can.

The baby blankets and the postpartum pads provided by the Utah Valley Quilters' Guild have been and will continue to be a great blessing to the community. Babies previously would often sleep on dirt floors, but now can sleep on a more comfortable blanket. Mothers have a way to control bleeding postpartum. The postpartum pads donated are projected to support the clinic and community for about a year. The baby

blankets are projected to support the clinic for several months. (Though use of the clinic is steadily increasing due to an ever-increasing need.)

Mothers previously had no sanitary items to clean themselves after giving birth. Washing themselves with a cloth from home or even in the local watering hole would often lead to leech and bacterial infections and further contaminate the water supply. Having a pad to manage the bleeding will keep these women and the community safe.

Babies now have a clean, soft place to sleep for the first few years of their lives. The blankets provide a lot more comfort than the dirt floors and will help babies feel safe and comfortable during their first few years.

Thank you, quilters, for your support to the Shaka community. Having seen their struggles and need for this facility and all of your donations, I am truly humbled. By their determination, work, and hope for their community. And also by you good people, your donation of time, talents, and resources. Few organizations could come together so quickly to support a need across the world.

Thank you so much for your generosity. I promise it has made a great difference to the Shaka community and will bless them for a long time going forward.

Photo below, stocking the clinic, Pads in the top right corner





Newsletter submissions for the Patchwords are due by the 25th of each month. Please send to Lana Osmun at [Lana@Osmun.net](mailto:Lana@Osmun.net)

