

Patchwords

Utah Valley Quilt Guild

MARCH

www.uvqg.org

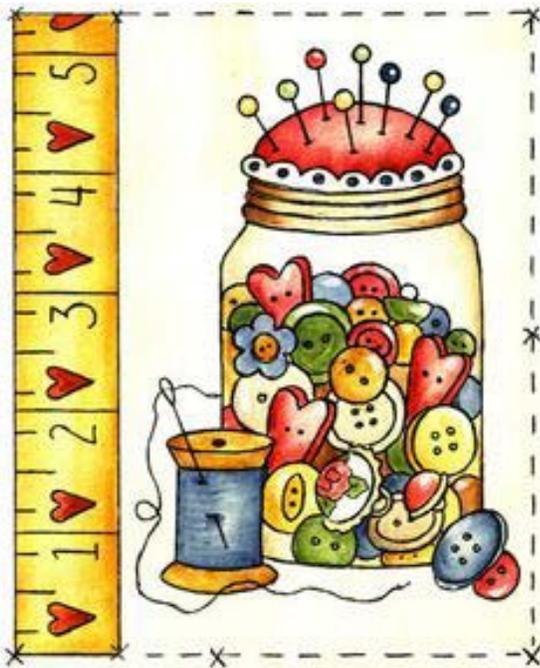
2022

Volume XXXXVIII, No. 3

President's Message by Lisa Johnson, UVQG President:

The sun is shining yet I want to sew. (Is there ever a time when I don't want to sew?) I have seen people take their machine outside to piece. Today looks like a very good day to do that. There is always lots of handwork that can be done outside too.....yardwork maybe not!!!

Are any of you getting Spring Fever? A couple more storms on the horizon and I think Spring will be here. Keep sewing, flowers will soon be sprouting!!



Be a Piecemaker
Lisa Johnson

Local Specialist-National Teacher

A Study in Contrast by Megan Legas
April 21 9-1 Provo \$30

As much as we have in common as quilters, it is our differences that make us interesting.
So it is in a quilt! As nicely as the fabrics blend, it is the contrast that tells the story.

This class is a hands-on experience with CONTRAST. Using values in one color range, you will play with the fabrics in 12" Rising Star Blocks to see how each has a role in telling the story. This story often has a surprise ending! The class experience gives you "AHA" moments that will influence fabric choices in all of your future projects. Learning is SO FUN!!



Sign ups for class happening now-limited space available

Contact Lisa Johnson

Lkj.kelson@gmail.com or 951-235-6833

HAPPY
St. Patrick's
Day!

UVQG Mission Statement

“The Utah Valley Quilt Guild was established in 1982 to promote the Art of Quilting through educational and social means and to provide service.”

We are always striving to improve and make the guild the best it can be, so if you have any comments or suggestions, please feel free to contact any member of the board.

Memberships

Membership dues for the Utah Valley Quilt Guild are \$15/year. Benefits include a monthly newsletter emailed to you (Jan-Nov), participation in monthly meetings, free entry to forums, checking out books from the Library, and discounts to many local quilting & fabric shops. If you are past due with membership fees you will be given a one-month grace period. After that you will not receive the Patchwords until you pay your dues. Send dues to:

Annie Thayne
61 E. 1470 N.
American Fork, UT 84003

The Patchwords Newsletter

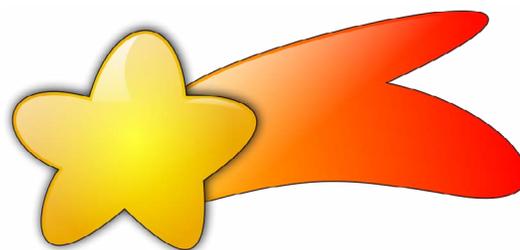
Published eleven times a year (Jan—Nov) and emailed to current members of the Utah Valley Quilt Guild.

Meetings

The Utah Valley Quilt Guild meetings are held on the 3rd Wednesday of the month (except Dec.) at:

OREM SENIOR CENTER
93 NORTH 400 EAST
OREM, UTAH.

-
- July meeting will be on the third Tuesday for this year.



Classified Ads

Classified Ads in Patchwords are free for members. These ads will run for two consecutive months unless otherwise notified.

Advertising for business purposes is available at the following monthly rates:

1/4 Page Ad: \$10.00 1/2 Page Ad: \$20.00

Whole Page Ad: \$40

(UVQG Members receive a 20% discount
Send checks to guild treasurer)

Quilt Stands and other quilting supplies are available to rent from UVQG. Contact one of our Property Chairpersons for more info.

Quilter's Corner

I really hate my rulers sliding when I am trying to cut accurate pieces. Someone (don't remember who) once told me to use clear surgical tape on the back of your rulers. They don't slide at ALL! Plus you can put as much or as little as you want. It is flatter than the knobby things you can buy, and you can see through it. I got this at Walgreens. But I'm sure you can find it other places. The tape is bumpy, not smooth.



I can never find my reverse button.
So I put a little sticky bump pad on it.
Now I can find it without looking.



*Send any correspondence, comments,
articles, hints & tips, and ads to:
Terrie Peterson – Newsletter Editor
Knotagain3@gmail.com
Deadline for next issue: **March 25, 2022***

• *Utah Valley Quilt Guild 2022 Challenge Quilt*

- By Karin Crawford, President-Elect

Do you know that 2022 is the 45th year the Utah Quilt Guild has been in existence? It was chartered in 1977. So thinking of 5 years ago when we did the Ruby Jubilee, I thought we should do a Sapphire Celebration for 2022. So here goes:

- Blue and white and/or Blue and Cream – no other colors allowed
- Quilts will have 3 layers – top, batting, backing.
- Any size allowed from 12 inches to 108 inches per side.
- Quilt must be completed IN 2022 by the November UVQG meeting (the third week). Earlier completed Blue and White Quilts not allowed.
- A definition of completion is: bound and label attached.
- Please email Karin at KarinCrawford@gmail.com for any questions.





March Birthdays:

Sheila Agnew
Denise Anderson
Amy Boyer
Helen Butler
Candace Chapman
Margaret Cooper
Debra Davenport
Carol Ford
Kathy Gardner
Kathleen Gee
Dorothy Gross
Carrie Hanks
Karen Hansen
JoAnne Hawks
Sylvia Kent
Sheri Kowalis
Sandy Lai
Alysa Lovell
Colleen Martinez
Debbie Naylor
Barbara Odland
Karen Olson
Kathy Porter
Maureen Tuttle
Kristen Van Dyke
Donna Vidmar
Amber Wolf
Sarah Yorgason
Lorna Zimmerman

Utah Valley Quilt Guild Website * Blog * Facebook Page

Can't get enough of Utah Valley Quilt Guild information? You can find up-to-the-minute news on our website at www.uvqg.org, see more photos and details at our blog at uvqg.blogspot.com, or join in the conversation on our Facebook page at www.facebook.com/groups/uvqg.org/



Show N' Tell

1



2



3



4



5



6



7



8



9



12



10



11



- 1) Sarah Yorgason-quilt name is Check Mate-Charity quilt-Quilts for Kids website.
- 2) Sarah Yorgason-Rhododendron Trail-Bonnie Hunter mystery quilt November 2021.
- 3) Marilyn Snow-red truck from 10 sisters easy piecing grid. Used the mini border technique that Sandy Lai showed last fall.
- 4) Marilyn Snow-Colored pencils quilt-used jelly rolls for all the colors.
- 5) Sandy Lai-easy piecing grid heart-fun to put together.
- 6) Mary Staub-this is her first quilt-most of the fabric was given to her.
- 7) Lisa Johnson-pieces for the guild America quilt along in the Patchwords.
- 8) Stacie Dartnell-Exploding Hearts Quilt-Loved the pattern and decided to make this during her quilt-a-long-used all stash fabrics.
- 9) Mary Snow-Jelly roll race.
- 10) Mary Snow-2021 mystery quilt.
- 11) Carol McCartney-Corn Wagon Saturday Sampler quilt-she didn't like the suggested finishing directions so she did it her own way.
- 12) Cathy Brand-Winter Wimsey pillow-a snowman bench pillow.

UVQG Service Day!

Wed, March 16, 2022

10:00-3:00

Church Building

at 555 East 3230 North, Provo

- Please wear your name tag
- Bring donations! Anything you want to contribute to the guild service efforts. What we can't use, will be used at the yard sale in July
- I will be there to set up starting at 9 if you would like to come earlier
- If you want to sew, bring your machine and basic sewing supplies.
- If you want to cut, bring a rotary cutter and 6 x 24 ruler (or something similar.) Cutting mats provided
- Some hand stitching projects available

The guild will provide pizza for lunch.

Bring a salad or treat for potluck.

Things to sew:

- Flannel 4 patch blocks
- Pre cut quilt kits sewn into tops
- Plush balls and bears
- Seams for backings
- Enveloping small quilts to tie
- Hand sew a faces on bears

Non sewing tasks:

- Cut donated flannel into specified square sizes
- Measure quilt tops
- Measure fabric for quilt backings
- Mark quilt tops for tying
- Ironing
- Pinning
- Provide entertainment and comic relief

Cutting batting and enveloping large quilts to prep the for groups to tie April schedule announced at service day meeting.



Many Hands... UVQG Service Bee

We met on Feb. 22 at the warehouse for Stitching Hearts World Wide. We were able to help them with their efforts by measuring and folding fabric, cutting borders to make printed panels large enough for their needs. We also had a special visitor, Cindy Cloward, the owner of Riley Blake! We will probably help this organization every other month.

If you want to help prepare for our guild service day, we will be meeting on March 2 from 12:30-3:30. It will be at the same place that our service day will be held, 555 East 3230 North, Provo. park in the back and look for the sign.

March 2

Wed

12:30-3:30

555 East 3230 North, Provo, park in the back

Prep work for guild meeting

CUTTING!

March 30

Wed

1:30-3:30

Stitching Hearts WW

661 W. State Rd Suite B

Pleasant Grove



2022 Fall Retreat, Zermatt Hotel, Midway, Utah
UVQG Retreat -November 1-5, 2022
“These are a few of My Favorite Things”

It is that time again quilters, time to register for the fall retreat at the Zermatt in Midway. If you would like to attend, you need to fill out the registration form and return it to Trish Derrick with a \$75 Non-Refundable deposit. Make check payable to UVQG.

Registration will begin April 1, 2022 and is on a first come, first serve basis for all current members. The cost that you are paying includes three nights lodging, and three lunches and dinners on Wednesday, Thursday and Friday. There are microwaves and small fridges in each room, in addition to an onsite bakery and restaurant. The cost of the retreat also includes set-up fees, extra power boxes, small gifts for all, gratuities, etc. Some have asked if they stayed or ate elsewhere would the price be any different. Sorry, the price is the same for everyone.

You are welcome to come Tuesday afternoon and get an early start on your sewing. You will be responsible for Tuesday night's hotel stay, at the same rate we are being charged, \$119.00 plus tax. Last year more than half of those who registered came early. The retreat officially starts Wednesday morning at 10 am and ends at 3 pm on Saturday. If you would like to stay an additional night or two, the same rate will apply. We will make reservations for arrival dates, but if you choose to stay later, you will need to let the hotel know when you check in.

Before you register, make sure that your membership is up to date, as only current members can register. Your membership must stay current, throughout the retreat. You can mail your membership dues with your registration but make out a separate check for registration along with the membership form. The cost of the retreat is on the registration form. Since the Zermatt does not have enough two queen bedrooms for all of us, if two to a room, are you willing to you share a king bed? If so, please mark it on the registration form. This will help so that all of us can stay in the main hotel.

We are hoping that all will want to participate in the secret sister event this year. The Secret Sister questionnaire is forth coming. A friendly reminder, no babies or small children. Everyone who attends must pay the registration fee. The balance for your retreat is due by August 12, 2022.

If you have questions, please call, text, or email me.

Hollie Peterson - 801-699-2311
Holliep1984@icloud.com



2022 Retreat Registration Form

Please print and answer all questions:

Name: _____

Address: _____

Phone: _____ Email: _____

Single Room: \$655 _____ Room for two, \$445 each _____

Room for three, \$375 each _____ Room for four \$340 each _____

Who will be rooming with you? 1. _____

2. _____ 3. _____

Would you like us to find you a roommate? Yes _____ No _____ 1. _____ 2. _____ or 3. _____

Are you willing to share a king bed, (two people in a one bed room)? Yes _____ No _____

Do you have any special lodging needs? _____

What is your arrival date? Tuesday _____ or Wednesday _____

Food: The menus will come out in the fall, but at this time do you have any known dietary restrictions/ allergies Yes ___ No ___ Allergies: _____

We will try to accommodate most allergies, but it is not guaranteed (allergies, not dislikes of food).

You must be a current member both at the time of registration and including retreat dates.

What month does your membership expire? _____

Do you want to be part of the secret sister exchange? Yes _____ No _____ More info later.

Send this form and a nonrefundable \$75.00 deposit (made out to UVQG) to:

Trish Derrick
10888 So Shelbrooke Dr.
South Jordan, UT 84095

Questions? Please call or text Hollie Peterson at 801.699.2311 or Trish Derrick 801.809.9425

Looking at the table layout on the following page, which table would you prefer to sit at?

Tables

will be preassigned, and every effort will be made to give you your first or second choice, but not guaranteed. 6 quilters will be assigned to each table grouping. first choice:

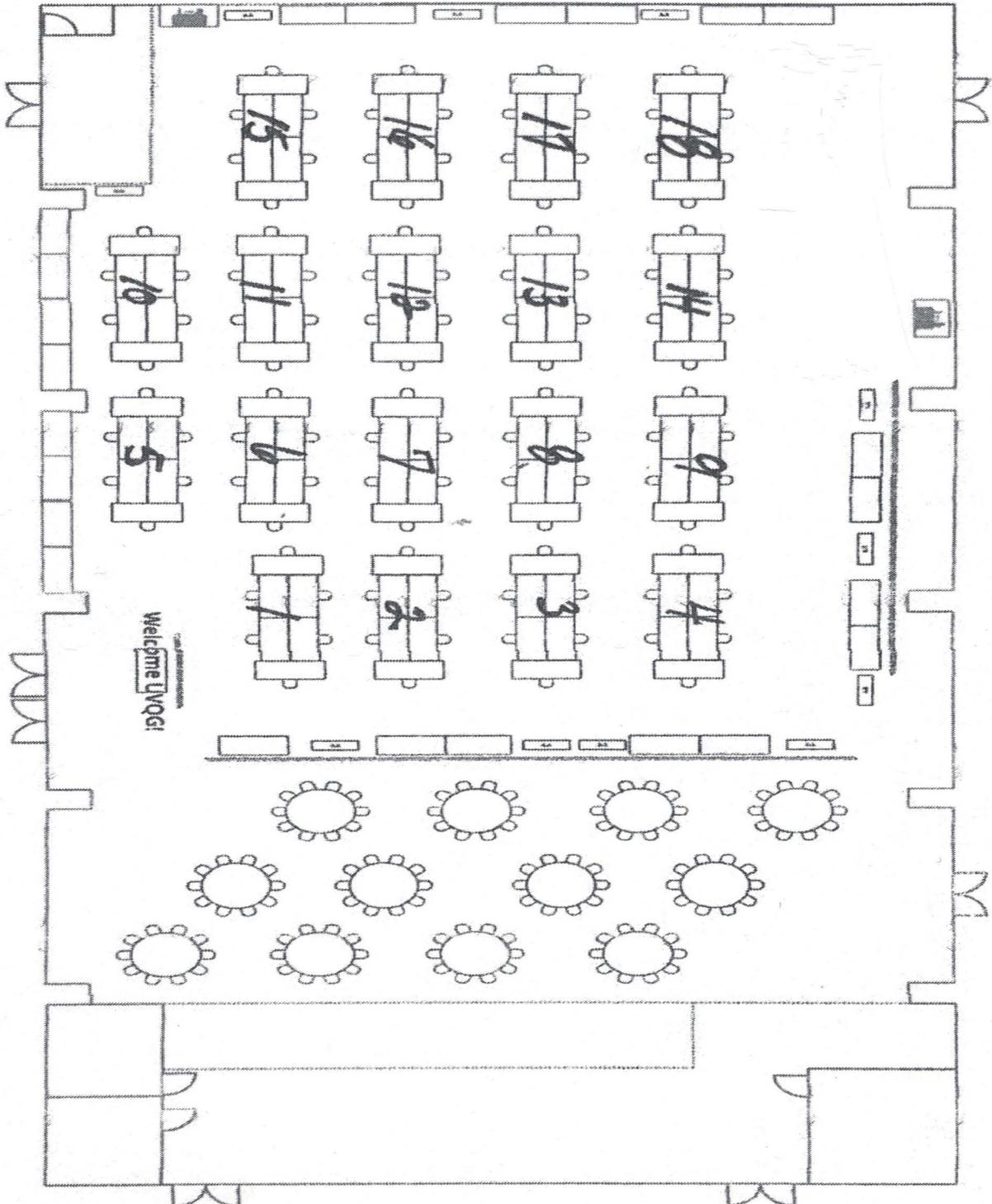
_____ second choice: _____

third choice _____

Who would you prefer for table friends? 1. _____ 2. _____

_____ 3. _____ 4. _____

5. _____



Longarm Quilting Board - February Quilt Guild Meeting



Left to right: Meridy Palmer, Leslie Randle, Carole Lifferth, Kaitlyn Howell, and Debbie Camp.

Debbie Camp
mccdlc@gmail.com
385-299-8293
Long arm quilting service
Instagram @debbie_camp

Kaitlyn Howell
Knot and Thread Design@knotandthread
www.knotandthreaddesign.com
435-680-9036
Longarm quilting service and pattern design
Instagram*Facebook*Email*Pinterest

Carole Lifferth
Quilting Loft
carolelifferth@gmail.com
801-471-5126
Long arm quilting service
Instagram

Meridy Palmer
timandmeridy@gmail.com
801-995-5433
Long arm quilting service

Leslie Randle
Plain and Fancy
Pfquilting@gmail.com
801-318-5258
Long arm quilting service and custom pattern maker
Plainandfancy Instagram* plain and fancy,
Inc FB





Preparing Your Quilt For the Longarmer

Types of Quilting

Edge to Edge or Allover—This is a single pattern or pantograph pattern, which is quilted over the entire quilt top.

Free Motion — Random edge to edge quilting without the aid of a pantograph pattern

Meandering — Free motion quilting in a consistent pattern over the entire quilt top.

Custom — Any combination of free motion, computer designs, pantograph patterns, meandering, blocks, stitch-in-the-ditch, border treatments or templates used to complete a quilt top.

Outlining — Free motion quilting around appliques or around preprinted designs on a quilt top. Considered Custom Quilting.

Stitch in the Ditch — Stitching in between seam lines to add definition to quilt blocks. Considered custom quilting given the tedious nature of the quilting so that the stitches do not show but the desired block definition does.

Heirloom — Typically intricate, heavy quilting designs that are very labor intensive such as trapunto, wholecloth, or designs requiring that the entire quilt be marked prior to quilting.

Preparing the Quilt Top for Quilting

Make sure the quilt top lays flat. If the top is flared or has extra fullness it may end up with puckers or pleats after quilting. The longarm quilter can possibly take out some of the fullness with quilting patterns or styles that disguise this problem. This does not assure, however, that there won't be some puckering or tucks around the edges.

Press the quilt top. Turn the top over and make sure the seams lie flat and are pressed in opposite directions so as to minimize thick seam junctures.

Is the quilt top square? Measure the center of the quilt vertically. Then measure the outside edges vertically. If there is more than an inch difference, it is possible that your quilt will have tucks when quilted. Do the same measurements horizontally.

Check quilt top for loose threads. Make sure there are no dark threads on the back showing through lighter fabrics. If these threads are not trimmed, they will end up being quilted and they will permanently show through on the front. Backstitch outside seams. When a quilt is loaded onto the quilting machine frame, it is stretched to assure no tucks appear on the quilt bottom and that the stitching is even on the top. Therefore, stress is placed on seams and junctures. To prevent seams from separating or tearing during the quilting process, always backstitch at the outside seam ends. Also, if you run a 1/8" line of stitching all the way around the quilt edge, this will help prevent "splitting at the seams."

Do not baste or layer your quilt.

Continued:

To avoid “pokies” the same color thread will be used on the top and bottom. This will mean more than one thread color showing on the back.

Preparing the Quilt Back

Select 100% cotton for backing fabric. Poly/cotton & 100% polyesters stretch differently than cotton and can cause tucks and puckering during the quilting process. Polyester fabrics tend to also cause “bearding” or migrating of the batting fibers to the surface of the quilt. That said, the very popular Minkee fabric, which is 100% polyester, can be used successfully if the professional quilter is willing to work with it. Minkee will be quilted on the frame with the stretch from side to side, so buy yardage accordingly.

Avoid the use of high thread count bed sheets or sheeting for backing. This type of sheet, especially a new one, causes poor tension and constant thread breakage for the quilter. When a sheet must be used, prewash it (ideally several times) to soften it. Avoid thin sheets, which will not hold up over time.

For best results, select a printed backing fabric similar in color to the quilting thread to be used on the top. Printed backings are especially desirable for tops which have been pieced from highly contrasting fabrics and which will be custom quilted. Backing fabric that contrasts highly with the thread color will show the thread (including knots or backstitching) and may not be an attractive choice.

Remove selvages from seams. Sew $5/8$ ”-1” seam allowances using 12 stitches per inch. Backstitch at the beginning and end. Press seams open to reduce bulk. Ensure all edges are straight. It is just as important to take time to press the backing as the top.

Cut backing AND batting a minimum of 4” larger than the quilt top on all sides. Some quilters require the backing to be 6”-8” larger than the top. Cut the backing with square (90°) corners. Packaged batting does not need to be cut, but should be air fluffed in the dryer to remove wrinkles. Many quilters offer a choice of battings such as 100% cotton, cotton/poly blend, wool, polyester, and bamboo. Some will only use their batting to ensure quality standards.

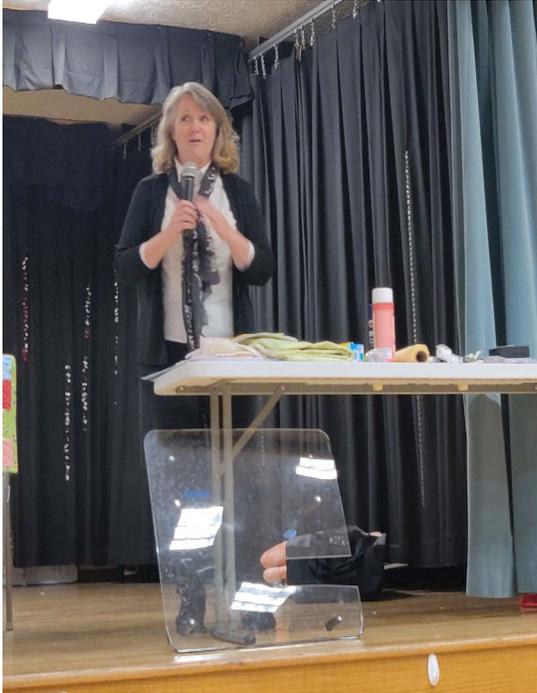
If applicable, mark the top of the quilt back with a label stating “top.”

Fold the backing carefully to prevent wrinkles.

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Tools, Tips & Techniques Tools



Machine and Hand Quilting Presented by Kim McCloskey

MACHINE QUILTING

Advantages- less time-consuming, durable

Disadvantages- not portable

Necessary equipment – a sewing machine in which you can lower the feed dogs, the larger the throat space, the easier it will be to quilt larger quilts.

Optional equipment – quilting gloves or discs, a Teflon slider mat (Supreme Slider or Sew Steady), an extension table for your machine or a table that you can slide to the left of your sewing machine to hold the weight of the quilt.

Basting tips- There are three options for basting a quilt for domestic machine quilting:

1. Pin basting- Use safety pins, start in the middle and work your way out, evenly space about 4-5” apart. Use a Kwik Clip or a spoon to close the pins. Advantage- sturdy hold. Disadvantage- pins need to be removed as you quilt, some puckering may occur.

2. Thread basting - a variety of thread types can be used, but water-soluble thread is the easiest to remove after you have quilted the quilt. Advantages – no need to remove the thread while you are quilting. Disadvantages- more time consuming.

3. Spray basting – Be sure to spray baste in a well-ventilated area, ideally wearing a mask. 505 spray is a good option, but there are several varieties of quilt basting spray that are long lasting and will not gum up your needle if used lightly. Advantage- no pins or thread to remove or sew around, will last for a long time. Disadvantage- it can be unhealthy if you breathe in the fumes, larger quilts may need some additional thread or pin basting.

Marking Tips- Never use a #2 pencil because the marks will not come out. Frixion pens can be problematic on many fabrics because the marks may come back if the quilt gets cold. To be safe, use a grey or silver quilt marking pencil or blue water-soluble marker for marks that need to stay on the quilt top longer, or for more temporary marks, use chalk (a chalk pencil or marker work great) or an air-erasable purple marker.

No Mark Tips - Press’n Seal wrap is great no-mark method for drawing your design on and stitching through. You simply tear it off after you are finished quilting. You can also stitch through Golden Threads Quilting Paper in the same way. Free motion quilting and rulers are also a great way to avoid marking a quilt top.

Ruler Tips- Ruler work can help beginning machine quilters achieve smoother quilting. If using machine quilting rulers, you must have a proper free motion quilting foot for your machine, similar to the one used by long-arm quilters which has a ¼” lip. Creative Grids and Amanda Murphy make machine quilting rulers that have a grippy back. If you need to create your own grip on your ruler, use small pieces of shelf liner, True Grips, or Invisigrip.

Batting tip- Batting has a wrong side and a right side. The right side is the smoother side and will face the top of the quilt. The wrong side has small dimples, or pimples (made when the batting is needle punched during manufacturing). Think about hiding your pimples to the back when you are sandwiching your quilt layers.

HAND QUILTING

Advantages- meditative, portable

Disadvantage- time-consuming

Necessary equipment- a thimble, a needle, thread.

Optional equipment- a lap or floor frame is very helpful.

(The following tips come from Alex Anderson of The Quilt Show)

Thimble tips- There are hundreds of thimbles on the market, find the one that works for you. Some have special ridges, others have openings for fingernails, etc. It needs to be snug enough to stay on your finger when you shake it and still be comfortable. There are leather and rubber thimbles available, but metal thimbles are most effective at protecting your finger as you rock the needle back and forth. Most quilters put the thimble on their middle finger, but others prefer their index finger.

Needle tips- The needles used in hand quilting are called between and they are small. Size 7 -11 are typical sizes. The smaller the number the longer the needle. Size 7 is sometimes preferred by beginning hand quilters, but the more practice you get the smaller you will want to go. Size 10 is a popular size with advanced quilters. Try a variety pack at first to find what you like. You will need several, probably a full pack for a quilt because the needles tend to bend with repeated use and oxidize from the sweat of your hands. You will know the needle has oxidized when you hear it squeaking as you pull it through the fabric. It is harder to manipulate when it has oxidized or become bent, so it is best to throw it out and get a new needle. High quality needle brands include Richard Hemming & Son, Colonial, Clover, Roxanne, and Bohn, among others.

Thread tips- Use a good quality, heavier hand quilting cotton or polyester thread, usually a 40 wt. or even a 30 wt. Avoid the finer weight sewing and piecing threads such as 50 or 60 wt. thread when hand quilting. Waxed thread or thread conditioners are good for applique, but many hand quilters do not prefer them.

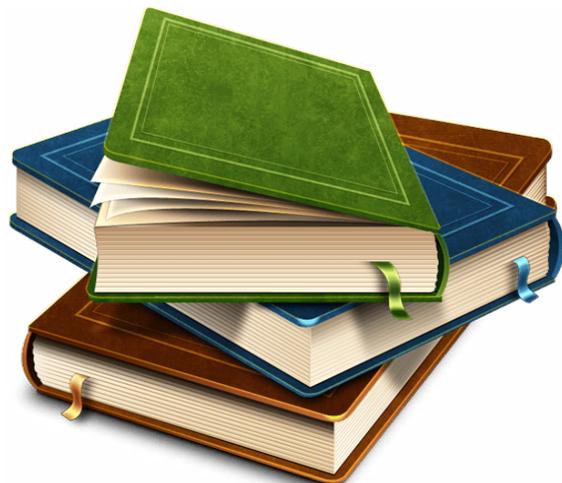
Marking – Marking a top for hand quilting is similar for marking for machine quilting except the temporary marking tools such as air erasable markers and chalk markers may not be as useful.

Batting – Wool batting is a dream to hand-quilt, polyester batting is the most difficult to hand-quilt.

Clean Hands – Take care to clean your hands thoroughly before hand-quilting.

Have fun and try a new quilting technique this year!

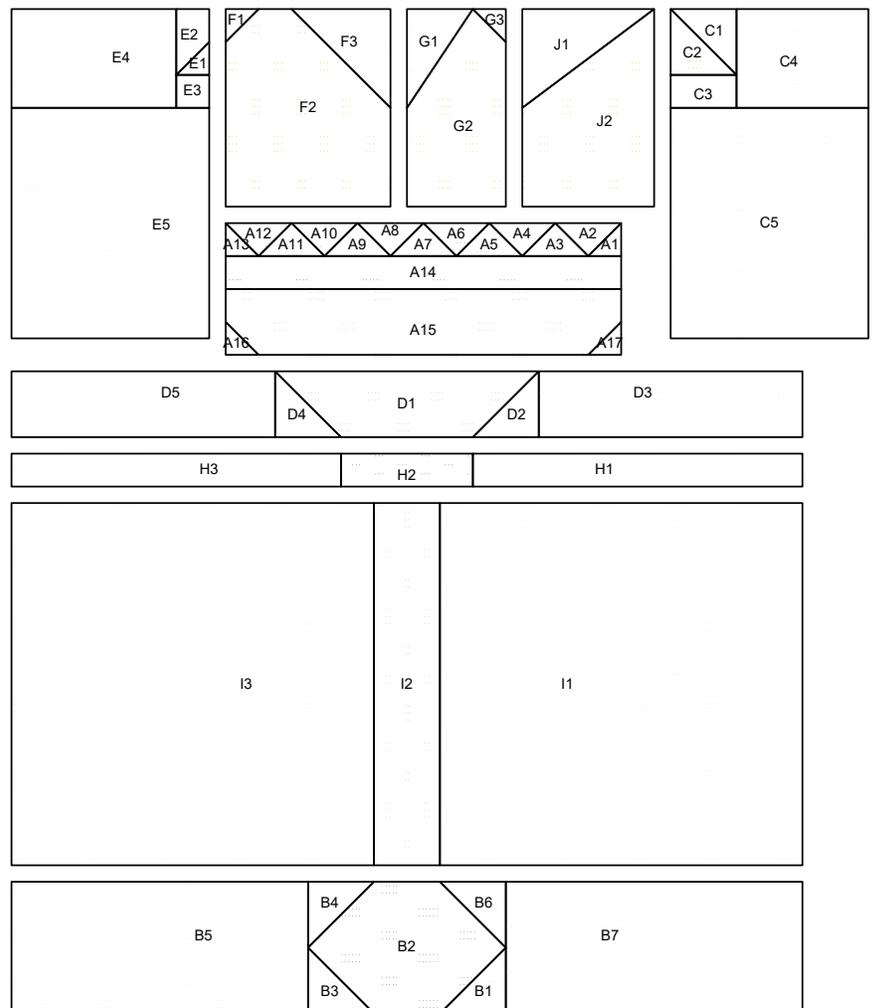
Then share it with the guild at show and tell. We'd love to see it.



Block of the Month

We have a special surprise for you this year. We will be offering a free Block-of-the Month Quilt. There will be two versions of this quilt. One with the pieced border (105" square, King size) and one without the pieced border (80" square). This is a patriotic theme quilt called "America". It looks difficult until you break it down into monthly segments. Paper-pieced and rotary cut. You do not have to do this quilt. It is for your enjoyment only.

Rules: Each month there will be a link for you to download. The segment will only be available during that month. All requests for back issues will be ignored. Once the entire quilt is completed, it will become a for sale item in my Etsy Store under LadybugLines. This is offered free of charge to the members of UVQG. Please do NOT share with anyone outside of our group. Copyrighted by Terrie Peterson & Ladybug Lines. Please note: This is NOT the challenge quilt for 2022.



At the right, is the "blow-apart of this block. It is NOT to scale and can not be used for the paper-piecing. The actual file can be found here:

https://64616baf-db4b-4149-a304-9e5949eca084.filesusr.com/ugd/603280_0b1ef239ddc94d238dbeb84f533d432e.pdf

Note, I can not provide a hyperlink for this pattern in this program. You must copy and paste it to your web browser. EQ prints the Seam allowance. If it seems slightly larger, just cut it off. Or choose to leave it, it will fit.

Link to PP tutorial: https://64616baf-db4b-4149-a304-9e5949eca084.filesusr.com/ugd/603280_e5e7f2f678b-c43eaadb7b408e1b602b0.pdf

UVQG Board 2022			
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Past President	RevaBeth Russell	801-836-9488 801-489-5947	revabeth@gmail.com
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Secretary	Amy Burnham	801-900-0553	sis.burnemup@gmail.com
Treasurer	Peggy Peterson	801-916-5162	mppeterson5@hotmail.com
Membership	Annie Thayne	801-376-5530	thayne.annie@gmail.com
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(Asst librarian)	Suzy Ricks	208-206-5057	esuzanner@gmail.com
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Spring Mini-Retreat	Lacey Peterson	801-930-5564	Laceyjopeterson@gmail.com
	Wanda Sump	801-768-1270	sumpfamily@gmail.com
July Quilt Fair Chair	Machelle Preston	801-362-6988	thecherrytreecottage@yahoo.com
Fall Retreat Chair	Hollie Peterson	801-699-2311	holliep1984@gmail.com
Springville Show	Wendy Cordon		wgbcordon@gmail.com
UQG Area Rep (South)	RevaBeth Russell	801-836-9488 801-489-5947	revabeth@gmail.com