



PATCHWORDS

Utah Valley Quilt Guild
www.uvqg.org

October 2017



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Red & White & Proud As Can Be by Maureen Tuttle UVQG President

I was fortunate enough to be able to view the Red & White Quilt Show at the Utah Quilt Guild Quilt Fest in September, and my-oh-my what a beautiful sight it was! Red and white quilts were hung from the ceiling to the floor on all the walls with two aisles full of quilt stands holding more amazing quilts. What was especially exciting for me was reading the names of all the quilt makers from the Utah Valley Quilt Guild. We were very well represented, and many of our guild members were winners of the Viewers' Choice and Teacher's Choice awards. I felt like a proud mother of so many talented quilty-children! Seriously! (I had to be the proud daughter of my own mom's quilt though.) What a thrill to read each name and to beam with pride as each of your faces came to my mind. This experience will definitely go in my Journal of Delightfulness! Whether you are a quilt-show-entry quilter or a quilt-just-for-myself, friends and family quilter, I'm grateful to be able to associate with all of you as part of



"Never be afraid to do something new.
Remember, amateurs built the ark; professionals built the titanic".
Anonymous

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2

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Assist:	Kimberly Lohner	801-319-5157	kglohner@gmail.com

Methinks it is a token of healthy and gentle characteristics, when women of high thoughts and accomplishments love to sew; especially as they are never more at home with their own hearts than while so occupied. ~

Nathaniel Hawthorne, *The Marble Faun*, 1859

- **October 14** Saturday Sit and Stitch @ Jacobs Senior Center in Pleasant Grove
- **October 18**—Guild Meeting @ Orem Senior Center. Please bring your books for the November book sale
- **Nov 8-11** — Fall Retreat @ Midway
- **Nov 15** - Guild Meeting @ Orem Senior Center. Book sale and Pres. Elect Challenge Quilt Display
- **Dec 2-5** Festival of Trees—Quilt Block (Registration is due Nov 1 and quilts are turned in on Nov 4 and Nov 18, if you are interested in donating a quilt. Find more information on their website.)-

UVQG Mission Statement

The mission statement of our guild is as follows: "The Utah Valley Quilt Guild was established in 1982 to promote the Art of Quilting through educational and social means and to provide service." What a wonderful organization we are privileged to belong to. As of our last meeting, we've donated 236 quilts this year to grateful charities, we've had numerous opportunities to learn from various teachers and we have a great opportunity to meet like-minded (aka quilty) friends through the functions of our guild. We are always striving to improve and make the guild the best it can be, so if you have any comments or suggestions, please feel free to contact any member of the board

What is your favorite season for quilting? Is it **Fall**, when the kids are finally back in school and you have time to quilt again, **Winter** when the rush of the holidays are over and you can get to those UFOs, **Spring** when the quilt shows are in full swing, or **Summer** when you can travel and shop hop? Personally, I'm a four season quilter.



UVQG AT-A-GLANCE:

October 18, 2017

Where: Orem Senior Friendship Center
93 400 E, Orem

11:00am—Board Meeting
1:30apm—Guild Meeting

Support Your Local Quilt Shop

- | | |
|--------------------------------------|----------------------------------|
| • American Quilting, Orem | • Daines Cotton Shop, Provo |
| • The Sewing Basket, AF | • Nuttall's Sewing Center, AF |
| • Cornwagon Quilt Co, Spr. | • Harmony, Provo |
| • Quilter's Lodge, Draper | • My Sister's Quilts, Riverton |
| • Quilts, Etc, Sandy | • Gracie Lou's, Salem |
| • Quilts on the Corner, Sandy | • Pine Needles, West Jordan |
| • My Girlfriend's Quilt Shop, Midway | • Elaine's Quilt Block, SLC |
| • Fabric Mill, Orem | • Heartfelt Hobby & Craft, Sandy |
| • Davidene's Quilt Shop, PC | • Floyd and Lizzie's, W Jordan |
| • Dave's Bernina, Provo | • Just Sew, Highland |

**DINOSAURS
DIDN'T SEW**

**NOW THEY'RE
EXTINCT**

**COINCIDENCE
?**



A care center in the Cottonwood Heights area reached out to our guild via Facebook, looking for 25 lap quilts for their residents for Christmas gifts. We're assuming that because 25 quilts by Christmas is a tall order to fill, that even soft, warm fleece lap blankets would be welcomed. If any of you have a youth group looking for a service project or if you are interested in this service opportunity, please contact Lynnette Rose or Maureen Tuttle for their contact info.

Guild Meeting Phone Etiquette



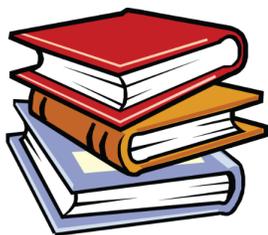
Please turn your cell phones off or on vibrate during our guild meetings. If it must be on and it could bother others, use the "silent" mode and move away to talk. Last month one of our members said literally there were 17 phone calls that went off around her during the presentation. Maureen will also try to remember to ask people at the beginning of the future meetings to turn off their phones. Thanks!

Springville Museum Quilt Show by Shirley Olsen

Congratulations to **Kathy Porter** who is the winner this year of the Viewers' Choice Award for her quilt Ralph the Rhino! Thank you to all who entered a wonderful work of art in this year's fabulous show.



Books Needed! By Jodie Banks



The annual quilt guild book sale will be taking place during our November Meeting. This is the one and only way that we fund the guild library for the coming year. If you have any quilt books that you are ready to part with, we would love to have you donate them to our book sale. Please bring them with you to our next guild meeting in October. Thanks so much !

2017 Fall Retreat—Timeless by Davidene Zimmerman

Come see class samples at the October guild meeting

* **Tea Towel Apron.** Tea Towel will be provided for everyone. This pattern was taught at a UVQG class several years ago and is still one of my favorites. Davidene will bring white twill tape (\$1 for 2 yards) for apron strings,

* **Wool Pin Cushion.** Nancy Jones will be teaching this class. The price is \$6.00 and includes everything you need. You can pay her directly at retreat, but you **must sign up ahead of time** in person at guild meeting or text "wool" to 801-368-3910. She needs to know how many kits we need.



Davidene is bringing her studio cutter. If you would like to bring your own fabric to cut out a
Tumbler Quilt (2 sizes available)
Drunkards Path Quilt

Hello all you fabulous quilters! Reminder - November is almost here! I have seen lots of you working on your **Color Graded** quilts, they look awesome! I hope you love them as much as I do! Be sure to either bring them to the **November** meeting OR let me see them or a picture of them if they've already been given away. Fabulous prize for finishers! (See photo for clue to prizes) We want to make a beautiful showing at the November meeting - AND we've been asked to display them at the Provo Health and Justice Building for a couple of months also - so be sure to put a label and sleeve on your quilt so you can participate in this beautiful display that promotes quilting in our community!



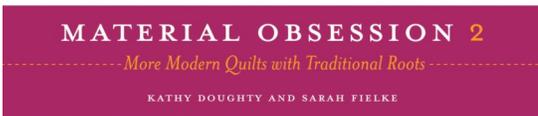
2018 UVQG BOARD

I nearly have my fantastic 2018 board filled! I still have a few openings, so let me know ASAP if you'd like to join us! I have a Co-service project/day position, 2 library assistant positions, Historian/Blog position, Membership assistant (help take money at meetings), Beekeeper Position, possibly a couple more. These are great ways to make friends and get involved without being totally "in charge" of a big thing - absolutely "not scary" - and we all help each other.

Brenda Sommers

801-836-9563

brenda@homerealty.com



Material Obsession 2: More Modern Quilts with Traditional Roots by Kathy Doughty and Sarah Fielke

I recently helped my niece make a quilt for her dorm room before she headed off for college for her freshman year at SUU. By “helped” I mean that we decided on a design and pattern, shopped for fabric and then she put in a few hours sewing and left it to me to finish piecing and quilting it. The fabrics she chose are all fresh and modern, not ones usually found in my stash. I have been intrigued by them in the fabric stores, but was unsure at how they would look in all but the sleek, modern patterns most associated with them, which is the pattern we used on my niece’s quilt. Kathy and Sarah show us how we aren’t limited to modern designs, but that these dazzling fabrics combine beautifully with those traditional patterns .

This book, along with the first book *Material Obsession* is filled with storytelling, hand-drawn instructions and detailed photos. Both books are spiral bound, which makes them easy to use in the sewing room, and are available in our library. Look for them in the Art section instead of in the Modern section (as I would have thought.)

RFID Blocking Fabric

The recent credit card security scare at the UQG Ruby Jubilee Vendor’s Mall was a reminder to me that I need to do more to keep my credit cards information safe.

Most of our credit cards, debit cards, some passports and ID cards, have RFID security chips within them. These security chips can constantly send data to any device willing to listen. Use this clever sewing tutorial to learn how to sew a zippered RFID blocked security wallet and shield your cards from “passive data skimming”.

I found some **sources for RFID blocking fabric:**

- Nancy’s Notions—\$23.99 per yard in light bronze
- E-Quilter—\$24.95 per yard, 1/2 yard minimum



So Sew Easy has a free wallet pattern and a free handbag pattern utilizing RFID blocking fabric. The **Travel and Passport Wallet** pattern can be found at so-sew-easy.com/travel-passport-wallet-pattern/ and the **RFID Shielded Handbag: Gleam** can be found at so-sew-easy.com/rfid-shielded-handbag-

Our own Liz Teerlink is this year's Silver Thimble award recipient. This recognition was created to recognize outstanding service and commitment to the Utah Quilt Guild and its mission to encourage, promote and preserve the art of quilt making in Utah.

Our own Liz Teerlink is this year's Silver Thimble award recipient. This recognition was created to recognize outstanding service and commitment to the Utah Quilt Guild and its mission to encourage, promote and preserve the art of quilt making in Utah. As an accredited quilt judge, quilt appraiser, former Utah Quilt Guild president and UVQG board member, award-winning quilt maker, teacher and lecturer, Liz is a highly qualified recipient of this distinction.



We thought it might be fun to get to know Liz a little better by asking her 5 questions.

Question #1 - How did you get started quilting?

I have always loved fabrics and textiles. I remember sitting by my grandma while she was sewing on her treadle sewing machine. I created clothing for my dolls for all of their adventures. My mom taught me and all of my sisters how to sew clothes. As I got older I wanted to make my own clothing and I took sewing classes at high school to learn more skills. I majored in Clothing and Textiles at Brigham Young University and graduated in 1977. I met my wonderful husband at BYU and we now have 4 children and 12 grandchildren. I sewed clothing for my children & husband and made curtains and other household items for our home. When our children were no longer interested in home made clothing I transitioned to quilting. I saw an ad in the newspaper for a quilting class and lecture at the Eldred Center in Provo. I went to that class and was hooked by all of the wonderful projects and friendly people who were there.

I went to my first Annual Meeting, now called quilt festival for the Utah State Quilt Guild in 1994. I called Tamara Boren and Kendra Hall from a list of local quilters and asked if they were interested in another roommate. I had never met them before but they agreed to room with me. When I walked into my first luncheon with beautiful quilts displayed and saw so many fellow quilters I was overwhelmed! I had no idea that there were so many people in the whole world who were like me! As they say, the rest is history. On a side note this year I purchased a treadle sewing machine and I can't wait to sew on it with my grand daughters.

Question #3- What is your process in creating a quilt? Question #3— What is your process in creating a quilt?

I'm not sure I understand this question, however, I usually design my own quilts. Very rarely will I purchase a pattern and make a quilt exactly like the pattern. My quilts are mostly made for samples for classes that I am teaching or for a special family celebration or a challenge. I love being a part of a group and do block exchanges or sew projects together. In the KNOTT group we have collaborated on fund raising quilts for The Utah Valley Quilt Guild and for the Holiday Quilt Show and Auction.

Question #4 - What are some of your goals as a quilter?

I always want to be improving my skills so I am more satisfied with my quilts. This is where quilt friends are so handy. They come from different skill levels but they can advise me on fabric & color choices and help me to improve my techniques. I have really tried to work on making my bindings better. One of my judged quilts was returned with a glowing comment from the judge about my binding. I was thrilled.

I want to attend the quilt shows in Houston and Paducah. I also want to be able to give back and volunteer with the guilds that have so enriched my life. It takes many volunteers with a wide variety of skills to run a guild.

Question #5 - What advice would you give a new quilter?

Just keep trying new projects and techniques. Take classes to improve your skills. Join a guild so you have a group of women to encourage you! Have fun and make new friends. Volunteer and help your guild thrive.

Recipe of the Month- Starch

This is a recipe “like” Best Press starch.

Dissolve 1 Tbs. cornstarch in 1 pt. cool water. Bring to a boil, stirring or whisking to dissolve cornstarch completely. Let cool, then add 2-3 drops lavender essential oil and pour into a spray bottle.

Lavender is a natural insect repellent.

There are boiled and non-boiled versions. Being lazy and impatient, I made a non-boiled version first, and it worked nicely the first day with a little shaking now and then.

However, after it sat overnight, the cornstarch was a solid mass on the bottom of the bottle.

Photo and article courtesy of <http://unschoolplus.blogspot.com/search?q=starch>



October Birthdays

14

Marie Bergeson

Leslie Oldham

Debra Thacker

Bonnie Bryce

Vemona Pace

Debi Thompson

Sally Caine

Susan Perry

Annie Toy

Robin Crowton

Vonda Proctor

Gayle Ware

Karen Dixon

Gaylene Rosenthal

Pauletter Windsor

Yvonne Glenn

Pamela Sutton

Davidene Zimmerman

★ HAPPY ★
BIRTHDAY!

Free Shipping and Patterns for all UVQG Guild Members from **Accuquilt**

Hello,

This is Stephanie from AccuQuilt! To show our appreciation for quilting guilds, we are offering an exclusive promotion! We are inviting your members to take advantage of our FREE SHIPPING promotional code "GUILD2017." This code will allow you to receive free shipping with no minimum purchase.

Not only are we offering this free promotional code, we also have more than 700 free patterns on our website! We would love to have you share this information on your website to make it easy for your guild members to find our free and helpful resources.

Here are the links:

AccuQuilt Homepage: <https://www.accuquilt.com/>

Free AccuQuilt Patterns: <https://www.accuquilt.com/shop/patterns/free-quilt-patterns.html>

PROMOTIONAL CODE: **GUILD2017**

Happy quilting!



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Bonnie Brownings Tips on Quilt Care

For those who are not quilters but who have a quilt that's been handed down through generations, Browning said it's important to know how to take care of it. Rule number one, she said, is **don't put it in a cedar chest.**

"The call I get a lot is ... 'I have this quilt, and we stored it in a cedar chest and now it's got brown marks on it.' Most of the time there is absolutely nothing you can do about those brown marks because they are from acid in the wood leaching into the fiber in the quilt."

If you want to put a quilt on a shelf in a closet, she recommends putting it in a cotton pillowcase so the quilt won't touch anything but the pillowcase. If you do this, she advised taking the quilt out of the pillowcase every few months, refolding it in a different manner and returning it to the pillowcase so the creases are not in the same spot. This is important, she said, because the creases are hard on the fabric.

The very best way to store a quilt is to **put it on a spare bed and put a sheet or something clean and soft on top of it**, Browning said. If you have several quilts you can pile them one on top of the other. "That puts less stress on any part of the quilt," she said.

Be especially careful of exposing quilts to light as sunlight is probably the most damaging thing to quilts. "Even indirect light, just light in a room, can be hard on the fibers in a quilt," she said.

From: Bonnie B's Blog at bonniebrowningblog.blogspot.com/

Utah Valley Quilt Guild

Website * Blog * Facebook Page

Can't get enough of Utah Valley Quilt Guild information? You can find up-to-the-minute news on our website at www.uvqg.org, see more photos and details at our blog at uvqg.blogspot.com, or join in the conversation on our Facebook page at www.facebook.com/groups/uvqg.org/

The Patchwords Newsletter is published eleven times a year (Jan—Nov) and mailed or emailed to current members of the Utah Valley Quilt Guild.

Current Membership: 270

The Utah Valley Quilt Guild was established in 1982 as a chapter of the Utah Quilt Guild. It is a non-profit organization dedicated to promoting the art of quilting through educational and social means and to provide service to the community.

The Utah Valley Quilt Guild meetings are held on the 3rd Wednesday of the month (except Dec.) at: **OREM SENIOR CENTER**

93 NORTH 400 EAST, OREM, UTAH.

Membership dues for the Utah Valley Quilt Guild are \$15 / year. Benefits include participation in monthly meetings, free entry to forums, checking out books from the Library, and discounts to many local quilting & fabric shops. Send dues to:

Machelle Preston, Membership Chair

Utah Valley Quilt Guild

1364 South 1270 East

Spanish Fork, Utah 84660

email thecherrytreecottage@yahoo.com
or 801-362-6988

Classified Ads in Patchwords are free for members. These ads will run for two consecutive months unless otherwise notified.

Advertising for business purposes is available at the following monthly rates:

1/4 Page Ad: \$10.00 1/2 Page Ad: \$20.00

Whole Page Ad: \$40

(UVQG Members receive a 20% discount)

Quilt Stands and other quilting supplies are available to rent from UVQG. Contact one of our

Send any correspondence, comments, articles, and ads to:

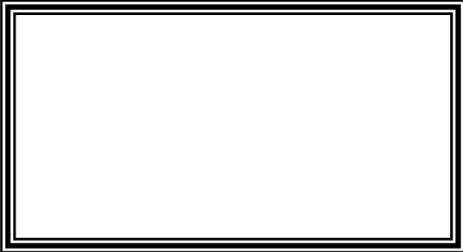
Kim McCloskey – Newsletter Editor

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