



PATCHWORDS

Utah Valley Quilt Guild

www.uvqg.org



2021

Volume XXXXVI, No. 4

President's Message by Lisa Johnson, UVQG President

Wrapped in Love

Recently I received an old photo of me at a quilt show, where I am looking at a Delectable Mountain quilt with another friend, a colorful floral baby wrap around my shoulders. That wrap held Leiloni, my second daughter, who was about a month old at that time. Not even a baby's birth could keep me from Road to California that year! And this March, I just welcomed my first granddaughter Estelle Charlotte, who had two of my quilts waiting for her arrival. Nearly a quarter-century separates those two events, but the one constant was quilting.



I started as a cross-stitcher, but soon fell in love with quilts, a love that helped me form a small group in California called *The Good Heart Quilters*, then to make friends here among the quilters of Utah Valley, where I serve as your President. Leiloni, that baby in the wrap, grew up with patches and pins, making her first quilt early on. And I hope that Estelle, as she is wrapped in quilts from her Nana, will come to love her quilts and remember all the love they bring to her from far away.

Our recent service project, organized and run by Sarah Yorgason, is another way we circle our quilty arms around people in need, saying, *we see you and notice you and by the way, here's a quilt to remind you of that.* A huge round of applause goes to Sarah and those who helped her and contributed to our outreach and service in our community. As you plan your next quilt, or donate some to charity, remember that we quilters stitch with our hearts, enriching so many lives. *Happy April!*



BE A PIECE MAKER,

Lisa Johnson

Service Day Thanks

How do you measure the success of an activity?

Is it the total number of quilts produced on a single day? Is it reaching a goal and being done with it until next year? All I know is I went from stuffed plastic totes in the storage unit to a van full of quilts ready to deliver.

Thirty five guild members participated--these are the only ones I know of, but many more serve the other days of the year.

I made connections with many loving hands willing to work on different steps of the process. Success is fostering the ongoing desire to spend a small portion of our time for someone besides ourselves. Success is spreading the warmth and comfort of a quilt to a new person on the planet, or showing someone who has taken a few trips around the sun that someone cared enough to make them a cozy quilt.

As we clear out the storage unit, we have a little more room in our own sewing space to enjoy, or the ability to fill that space with new possibilities.

Warmest thanks to all who helped with service day, and continued thanks to those of you who continue to make service a habit.

Service Day drop off complete projects and pick up new ones for April:

Tuesdays 10-12 Corn Wagon- Lisa K. Johnson is there for hand sewing, text her so she knows you are coming

Friday April 16 10-12 Nuttall's in Pleasant grove Sarah Yorgason Blue van

Monday, April 19 11-1 American Quilting parking lot Sarah Yorgason blue van

If these times don't work, let me know and I will work something out.

Baby Your Baby of Utah County & Welcome Baby!

Baby Your Baby is a short term prenatal program for pregnant women. The Baby Your Baby program encourages expectant mothers to see their health care provider before the 13th week of pregnancy. Going to your health care provider early and often will help you have a healthy pregnancy and baby.

In the Welcome Baby program, nurses visit homes to provide services like:

Weight/Growth checks

Developmental screening

Postpartum depression screening

Parent education

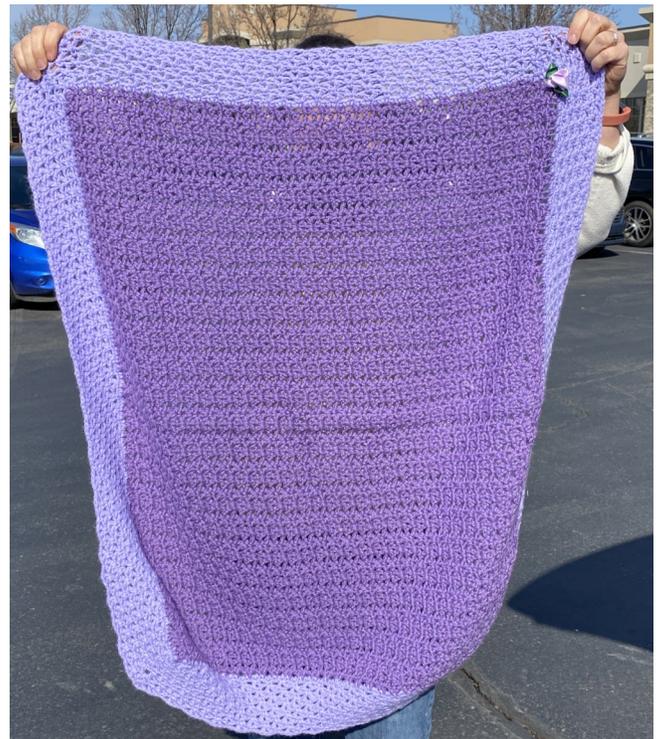
Referral to community resources

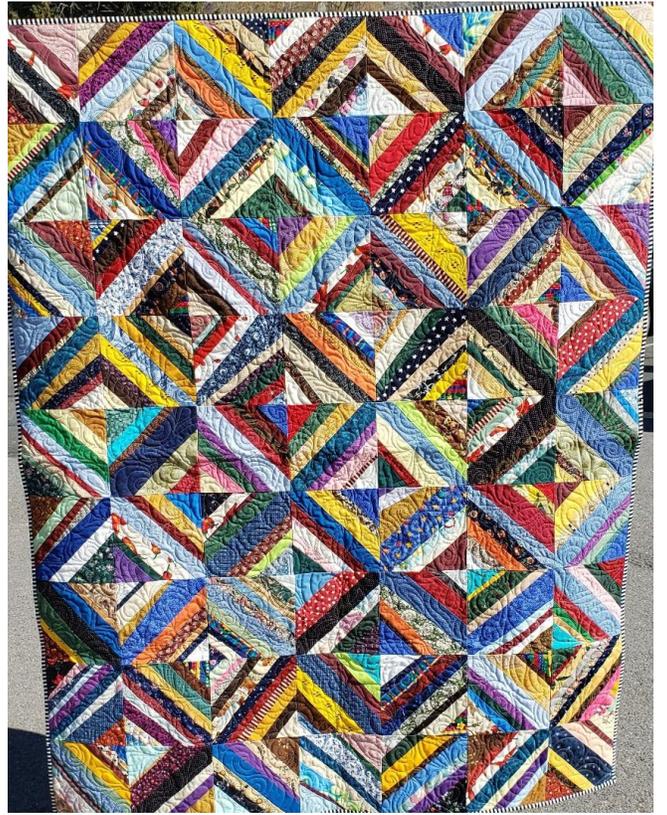
Referral to early intervention services

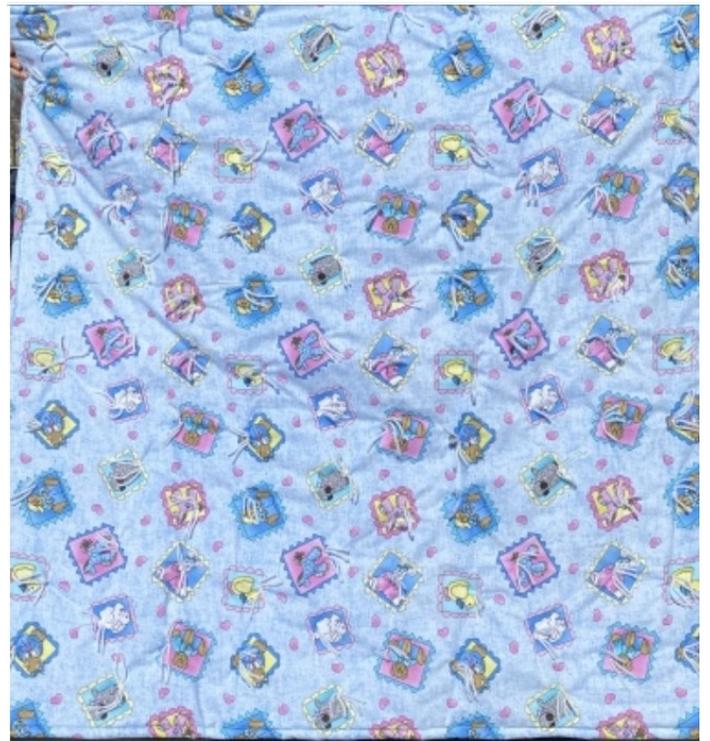
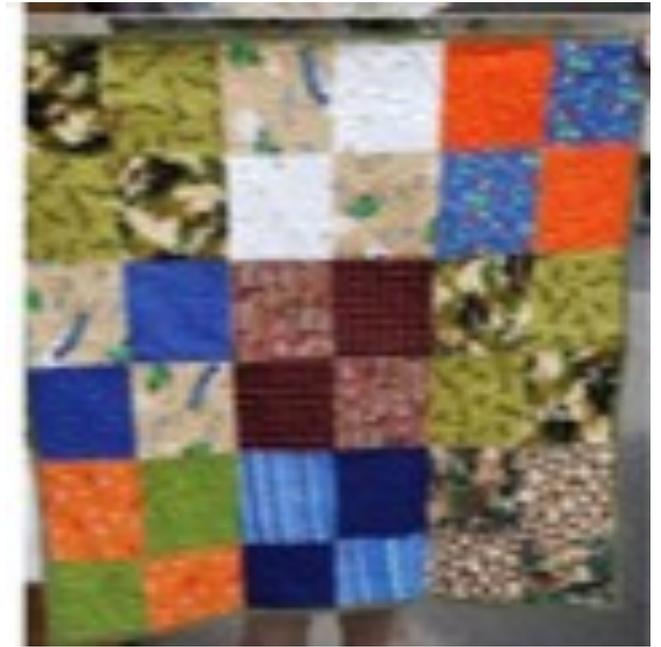
When they go, they like to take an incentive for continuing in the program. The items we donate are given to participants as part of the education they receive. The gift of a baby quilt often creates a willingness to invite medical personnel into the home and is used in promoting the concept of Tummy Time for the baby.

UVQG has had an ongoing relationship with this organization and the nurses are so thankful for the items we donate.

A FEW QUILTS FROM SERVICE DAY









MEMBERSHIP REMINDER:

Membership dues for the Utah Valley Quilt Guild are \$15/year. Benefits include a monthly newsletter emailed to you (Jan-Nov), participation in monthly meetings, free entry to forums, checking out books from the Library, and discounts to many local quilting & fabric shops. If you are past due with membership fees you will be given a one-month grace period. After that you will not receive the Patchwords until you pay your dues. Send dues to:

Jeanee Stewart
1674 West 1900 South
Mapleton, UT 84664

Reminder that all current members on April 1, 2020 received an additional one year of membership. So if your renewal was due January 2021, it was changed to be due January 2022.

No renewals are necessary prior to April 2021. I will be sending out email reminders when it is time for you to renew.

Jeanee Stewart.



For sale, nearly new Juki DX-3000QVP

\$2500.00. Multiple decorative stitches and fonts.

Many different presser feet and accessories.

Wide sewing table

Call Elaine Taylor phone: 801-372-5251,

email: etaylor76@gmail.com

Award Winning Quilts: The Proof is in the Planning, the Construction and the Finish” by Karin Crawford

Our Specialist Class is coming up soon! If you are registered and have any questions, please email elise.larsen@comcast.net.

Important Information:
Please wear a mask and **bring your own sack lunch**. We will NOT be having potluck as we have done in previous years due to the Pandemic.

Location: Elise Larsen’s home (3 steps to enter) 506 East 1950 North Orem, UT 84097, phone 801 369-1318.

If you have already signed up for the class, Karin Crawford will be sending you an email for a supply list. No need to bring your sewing machine.

Karin is a gifted quilter and will also be showing us an amazing trunk show through Zoom on Wed. April 21, at our regularly scheduled UVQG meeting.



Classified Ads in Patchwords are free for members. These ads will run for two consecutive months unless otherwise notified.

Advertising for business purposes is available at the following monthly rates:

1/4 Page Ad: \$10.00 1/2 Page Ad: \$20.00

Whole Page Ad: \$40

**(UVQG Members receive a 20% discount
Send checks to guild treasurer)**

Quilt Stands and other quilting supplies are available to rent from UVQG. Contact one of our Property Chairpersons for more info.

UVQG Mission Statement

“The Utah Valley Quilt Guild was established in 1982 to promote the Art of Quilting through educational and social means and to provide service.”

We are always striving to improve and make the guild the best it can be, so if you have any comments or suggestions, please feel free to contact any member of the board

BOARD MEMBERS 2021

Contact Lisa Johnson to be part of the 2021 Board. We have several openings: President-elect, July Quilt Fair Chair, and UQG area reps.

CALENDAR

- April 20, 9-4: UVQG Specialist Teacher Karin Crawford,
- April 21 UVQG Guild meeting via zoom—Simply Social at 1:30, then Karin Crawford trunk show at 2:00
- July 21, 2021 UVQG July Fair

Send any correspondence, comments, articles, and ads to:

Cheris Erickson – Newsletter Editor
PatchwordsEditor@gmail.com

Deadline for next issue: April 25, 2021



Kris Anderson
Audrey Bailey
Barbara Bawden
Sandi Boley
Diane Carn
Kris Day
Annette Ghizz
Louise Harrington
TerryAnn Harward
Caisa Hess
Suzanne Hillestad
Deena Justice
Mary Killpack
Megan Legas
Jean McPherrson
Lori Merrell
Marian Mudrow
April Munoz
Crystal North
Susan Rugg
Shannon Vaughn



UVQG Guild Meetings:

Orem Senior Center will reopen when the state's pandemic level is considered green, or all the way open with no restrictions. Until then, we will not be able to hold in-person guild meetings.

Utah Valley Quilt Guild Board Members 2021

President	Lisa K. Johnson	951-235-6833	lkj.kelson@gmail.com
Past President	RevaBeth Russell	801-836-9488	revabeth@gmail.com
President Elect			
Secretary	Amy Burnham	801-900-0553	sis.burnemup@gmail.com
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(Asst librarian)	Suzy Ricks	208-206-5057	esuzanner@gmail.com
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Service Project	Sarah Yorgason	435-315-7632	sarah.yorgason@gmail.com
Spring Mini-Retreat	Lacey Peterson	801-930-5564	Laceyjopeterson@gmail.com
	Wanda Sump	801-768-1270	sumpfamily@gmail.com
July Quilt Fair Chair			
Fall Retreat Chair	Hollie Peterson	801-699-2311	holliep1984@gmail.com
UQG Area Rep	JoAnne Hawks	801-971-6817	hawks.joanne@gmail.com



Utah Valley Quilt Guild

Website * Blog * Facebook Page

Can't get enough of Utah Valley Quilt Guild information? You can find up-to-the-minute news on our website at www.uvqg.org, see more photos and details at our blog at uvqg.blogspot.com, or join in the conversation on our Facebook page at www.facebook.com/groups/uvqg.org/

The Patchwords Newsletter is published eleven times a year (Jan—Nov) and emailed to current members of the Utah Valley Quilt Guild.

Current Membership: 228

The Utah Valley Quilt Guild was established in 1982 as a chapter of the Utah Quilt Guild. It is a non-profit organization dedicated to promoting the art of quilting through educational and social means and to provide service to the community.

The Utah Valley Quilt Guild meetings are held on the 3rd Wednesday of the month (except Dec.)

at: **OREM SENIOR CENTER**
93 NORTH 400 EAST
OREM, UTAH.



Easter Muddy Buddies

(from the [Country Chic Cottage](#) blog)

Ready in just 15 minutes, make these Easter muddy buddies for spring and watch your little ones gobble it up!

INGREDIENTS

- 9 cups Chex cereal
- 1 cup semi-sweet chocolate chips
- ½ cup peanut butter
- ¼ cup butter
- 1 teaspoon vanilla extract
- 1½ cups confectioners' sugar
- 1 bag Easter M and M candies
- 1 bag mini marshmallows
- Any other Easter candy you love

Step 1: Prep

First measure the Chex cereal into a large bowl, then set aside. Next line a baking sheet with wax paper, then set aside.

Step 2: Melt Chocolate Chips, Peanut Butter & Butter

Now in a microwave-safe medium bowl, microwave the chocolate chips, peanut butter, and butter for 1 minute then stir. Continue microwaving in 30-second intervals and stirring in between until the mixture is completely melted.

Step 3: Add Final Ingredients

Then once melted, add vanilla and stir well. After that pour the peanut butter and chocolate mixture over the cereal, then gently mix until the cereal is completely coated.

Step 4: Shake Together

Next transfer the mixture to a 2-gallon ziplock bag and add the confectioner's sugar. Then seal the bag and shake until all the cereal is coated. This is a great place to get kids involved in the recipe!

Step 5: Cool & Enjoy

Finally spread the cereal out onto the baking sheet to cool. Then sprinkle M&M candies and mini marshmallows throughout the cereal.

Tips for making the best Easter Muddy Buddies

- **Storage and leftovers** – Leftovers never last long in my home! But if you happen to have them, you can keep them for up to a week. Just be sure to allow your Easter muddy buddies to fully cool, then store in an airtight container.

Customize for every occasion – If you have never had muddy buddies, they are amazing and delicious. Basically the perfect snack any time of the day. I like creating different mixes for different holidays! Simply use the same basic recipe and change up the colors of the additional candies you add. Then you have a whole new snack mix for a different holiday or event.

Personalize the presentation – Giving these as a gift (or is the Easter Bunny giving them away)? Add an extra personal touch by serving your muddy buddies in a cute DIY mason jar gift. You can even have the kiddos make their own Easter jars to keep their treats in, too!

